

Delivered with compliments of Gwennap Parish Council

## Gwennap Parish Community Fete - June 2018

Once again we had glorious weather in June for our parish event bringing the community together to enjoy another well supported and successful Fete Day with many saying it was the biggest and best ever. There was music from Lanner Band, also new to the fete this year was entertainment from Double Bounce, plus country dancing from Cusgarne School children, various stalls, raffle, games and refreshments, the Friends of Cusgarne ran a Gin and Ale Bar which went down a real treat, there were steam engines, a good selection of classic cars and tractors all local, and plenty of free amusements for the children to enjoy. Thankyou to the small few involved in the organisation and running of the Fete, without their hard work and time this yearly event would not take place. Which leads me to my next request; the committee struggled this year on the morning of the fete with the preparations due to the lack of helpers. For this lovely event to continue we do need lots more help - beforehand to set up, during the fete to help run the many stalls, cafe and help with parking, and afterwards to help clear away. If we could get a list of helpers together ready for next year, we could be more certain in our planning for next year's Fete. Our next meeting is on Wednesday the 3<sup>rd</sup> October 2018 at the Cornish Arms 8pm - anyone is most welcome or you can contact me on 01872 870860.

Helen Rowe (Fete Committee Chairperson)



## Crofthandy Village Hall Classic Bike Show - July 2018

Another fantastic Classic Bike Show at the Crofthandy Village Hall was enjoyed by all that attended on a lovely sunny day. We had a great range of bikes and an excellent turnout of bike enthusiasts from young to old! Thank you to all those involved in organising and running the day and for everyone's support in attending the event to raise funds for the village hall.



**Don't miss a thing - see our 'What's On' diary on page 20**

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For information on commercial advertising prices, or if you have comments, articles, letters or pictures please contact Fiona Barnard at [clerk@gwennap-parish.net](mailto:clerk@gwennap-parish.net) or 07970 730629

## Neighbourhood Development Plan

The recent Neighbourhood Development Plan public consultation roadshows and open days were well attended and well received. It was great to have the opportunity to present the Plan and the various appendices after all the work put into it by the volunteer NDP team (made up of people from across the parish and Parish Councillors). We received some excellent comments and questions about the NDP, which is all valuable feedback. More information about the NDP, and what happens next, can be found on page 4.

## Speed Awareness and Road Safety

The Parish Council receive regular complaints about speeding vehicles in the parish, the Pulla Cross to Frogpool road and Tresamble Hill being the most regularly commented upon. In the last 18 months Cornwall Council have conducted speed surveys at both locations, over an 8-10 day period. Neither survey highlighted a significant problem and therefore Cornwall Council will not implement any form of traffic calming measures. The Parish Council however, understand parishioners concerns and have taken the following course of action:

- some time ago the Parish Council, and Cornwall Cllr Kaczmarek, arranged for the 'Frogpool, please drive carefully' sign at Trelawney Estate to be raised above the parked cars to ensure it is clearly visible;
- we have worked with Cusgarne Primary School to run a competition for the children to design speed awareness posters. Seven designs (by children aged 4-11) have been chosen and are currently being printed to create 21 aluminium, pvc coated, road side signs that will be erected at various locations around the parish. We hope that these eye catching signs will make drivers think about their speed, consider other road users (cyclists, walkers, horseriders and pets) and slow down!
- requested that SLOW be painted in both directions on the Pulla Cross to Frogpool road, near the current playground road signs.
- Supported Cornwall Councillor Kaczmarek's request for the speed limit on the A393 Burncoose/Pengreep to Lanner road to be reduced to 40mph
- Supported Cornwall Councillor Kaczmarek's request for 40mph repeater signs in both directions on Tresamble Hill.

We are also in discussion with other local parishes about the concept of jointly purchasing a mobile vehicle-activated electronic speed sign that would be shared across the parishes, and that we could place at

different locations. Other ideas currently being discussed and explored by the Parish Council are 'virtual pavements' and village gateway signs.

## Potholes

You can report potholes direct to Cornwall Council <https://www.cornwall.gov.uk/transport-and-streets/roads-highways-and-pavements/highway-maintenance/potholes/> The more potholes are reported, the more likely they are to be repaired!

## Keeping pets under control

Our Clerk has received complaints from residents in the Chellean area in Frogpool about dogs barking through the day, at unsociable times. Please do what you can to ensure that your pet is happy and content so it does not wake or disturb your neighbours. If you have to leave your dog home alone, please make sure they have the necessary food, water and toys to keep them occupied and happy, many people find leaving the radio on is reassuring company for dogs.

## Richard Jory playing field

Some of the play equipment at the Richard Jory playing field is deteriorating due to its age. The Parish Council have carried out repairs, and are hoping to replace the equipment over the coming months, which we are very excited about! We have Parish Council funds to invest into the project, but are also in the process of trying to secure a grant to make up the difference. We will keep you updated on progress in due course. In the meantime, if you see equipment taped off, please respect it and do not use the equipment - it will have been taped off for safety reasons. Defects can be reported to our Clerk on 07970 730629 or [clerk@gwennap-parish.net](mailto:clerk@gwennap-parish.net).

One of our Parish Councillors has kindly donated a BBQ for free use by the community. It has been located on the hard stand area by the parish rooms. Please feel free to use it, but leave the area tidy and clean, use the waste bins provided or take your rubbish home with you, and please do not put hot ashes in the bins. Children to be supervised at all times.



## Dog mess

We continue to receive complaints about the increase in dog mess being left on bridleways, byways and footpaths around the parish, in particular on the paths leading to the Richard Jory playing field. Mess is either not being picked up, or when people do pick it up, they are leaving the plastic bags behind. Not only is it a health hazard to people walking the lanes, but in the fields it gets incorporated into hay, which goes to animal feed, which then enters the food chain!

**BAG IT....THEN BIN IT OR TAKE IT HOME!**



## Public Rights of Way (PROW)

We are delighted that the restoration works at United Mines landfill site are now complete and SUEZ has handed over the site to Cornwall Council. The bridleways will remain permissive routes for the time being, but will now be open all day every day, subject to temporary closures should misuse become evident or any further works on site prove necessary.

We are really lucky to have a fantastic network of public rights of way (footpaths, bridleways and byways) in Gwennap parish. If you want to view a map of the PROW in our parish, or elsewhere in Cornwall, go to <https://map.cornwall.gov.uk/website/ccmap> then enter your location in the search box and then click on Layers/Leisure/Public Rights of Way.

## Getting in touch with Gwennap Parish Council

Contact our Clerk, Fiona Barnard on:

Tel: 07970 730629

E-mail: [clerk@gwennap-parish.net](mailto:clerk@gwennap-parish.net)

Facebook: [Gwennap Parish Council](#)

## Bonfires

We also continue to receive complaints about bonfires being burnt at unsociable times of day in Frogpool, and other parts of the parish. The smoke blows into people's houses and gardens which is unpleasant, and also a nuisance for anyone who has washing hung out. If you do wish to have a bonfire, please be considerate to your neighbours, choose a time of day that should cause minimum disturbance, and tell them that you intend to have a bonfire at that time, so they have a chance to close their windows and bring in their washing.

## Gwennap Parish Council Grants



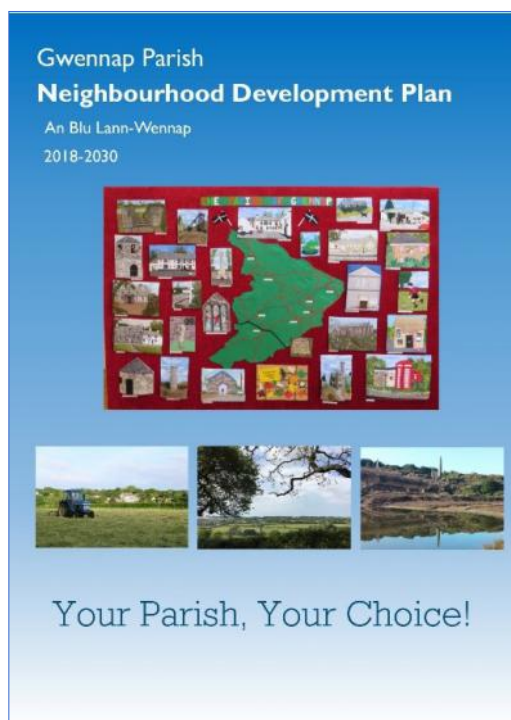
Gwennap Parish Council welcome applications for grants from voluntary groups or charitable organisations operating within Gwennap Parish. The Parish Council has a budgeted sum of money that it can award each year to local groups to enhance community wellbeing and social interaction of a distributed community, improve parish cohesion and enhance parish facilities. To qualify for a grant, applicants must be able to demonstrate that any funding from Gwennap Parish Council will benefit the parish, or residents of the parish. Grant applications can be submitted for consideration at any time during the year, but the closing date for applications for this financial year is Monday 18th February 2019. If you would like more information, or details on how to apply for a grant, please contact our Clerk (details below).

## Parish Council meetings

The Parish Council meet on the third Thursday of every month at 7pm at the Parish Rooms at the Richard Jory playing field at Pulla Cross. Every meeting opens at 7pm with the public clinic at which any member of the public is welcome to speak about any matter of importance or concern to them. Interim Agendas for meetings are published at [www.gwennap-parish.net](http://www.gwennap-parish.net), on our Gwennap Parish Council Facebook page and also on the four main parish noticeboards at Frogpool, Crofthandy, Gwennap and the Richard Jory playing field. The approved Minutes of the previous meeting are also published at these places.

Planning applications, including relevant drawings and documents, can be viewed at <https://www.cornwall.gov.uk/environment-and-planning/planning/online-planning-register/> where you can also set up alerts for any applications in your area.

# Gwennap Parish Neighbourhood Development Plan



Hello all!

First off, a big thanks to all those who attended and supported the NDP Roadshows and Open Days around the parish. We had hundreds of useful comments and these will be built in to the Plan before the final submission to Cornwall Council and the Planning Inspector. The documents are still available on the Wordpress site if you want a look. <https://gwennapndp.wordpress.com/>

The next phase of the process is the submission, inspection and referendum so watch out for more information around Christmas.

A couple of the projects are kicking off. First, the Community Land Trust team will be undergoing training soon and, second, the childrens road safety poster competition has ended with the winning posters going off to the printers before placing in key areas of the parish. The conversation to start transferring assets from Cornwall Council to parish ownership has started and a list will be submitted after the next Parish Council meeting. It's all progressing nicely thanks to the commitment of the volunteers and your feedback.

## Cornwall Councillor Mark Kaczmarek

Dear Resident

**The Household Waste Recycling Centre at United Downs** is scheduled to be closed in 2 years time and I have been campaigning for many years to keep it open. Cornwall Council is upgrading the Household Waste Recycling Centre at Pool and when the works are complete they will be closing the one that is at United Downs. I have been approached by many people concerned about this proposed closure as they feel that it is far more convenient to have the one at United Downs serving the area than to drive all of the way to Pool which has long traffic queues already. My concerns are that the one at Pool will not be well used by people in the Mining Villages area and there will be an increase in fly tipping if the closure goes ahead. I, and Gwennap Parish Council, will be holding a number of meetings with the Cornwall Cabinet member for Waste and senior Cornwall Council officials to see if there is any way they will support my request to keep the United Downs Site open.

**Proposed Police Merger.** Devon and Cornwall Police are in discussions with Dorset police to see if by merging it would save money and increase the amount of police officers. I am strongly opposed to this merger which is being forced upon us by the unpopular Alison Hernandez, Police and Crime Commission for Cornwall, Devon and the Isles of Scilly. If this merger happens then the police precept on the council tax will increase to match Dorset's precept which is £18 a year more than we currently pay. Cornwall came off worse when it merged many years ago with Devon and it will, in my opinion, lose out again if this merger happens with Dorset. Cornwall Council has written to Devon and Cornwall Police voicing the concerns and objections raised by many Cornwall Councillors.

**Community Chest Funding** . I have now received my annual Community Chest Funding of £2,000 which I can use to support local community groups and organisations across the parishes of Carharrack, Gwennap, St Day. If you want to apply for some funding for your community group or organisation the please contact me.

Cornwall Councillor Mark Kaczmarek Tinner's Lodge, Penance Road, Lanner, TR16 5TF

Email: [mark.kaczmarek@cornwallcouncillors.org.uk](mailto:mark.kaczmarek@cornwallcouncillors.org.uk) Tel: 01209 211366 Mob 07791 746210

## The Cornish Arms, Frogpool

FROGPOOL, TR4 8RP

01872 863445 [www.thecornisharmsfrogpool.com](http://www.thecornisharmsfrogpool.com)

Traditional village pub offering good food, real ales and good atmosphere.

Well behaved dogs and children welcome.

Functions catered for. Outside seating area.

### OPENING HOURS

	BAR	KITCHEN
<b>Mon am</b>	CLOSED	CLOSED
<b>Mon pm</b>	7.00 - 11.00pm	CLOSED
<b>Tues - Sat am</b>	12.00 - 2.30pm	12.00 - 2.00pm
<b>Tues - Sat pm</b>	6.00 - 11.00pm	6.00 - 9.00pm
<b>Sunday am</b>	12.00 - 2.30pm	12.00 - 2.00pm
<b>Sunday pm</b>	6.00 - 11.00pm	6.00 - 8.00pm

We have a few dates when it is necessary to close the kitchen. These are as follows:

- Sunday 30th Sep - Evening - no food available
- Tues 2nd - Thurs 4th Oct - Lunchtime - Kitchen & bar closed
- Sunday 7th Oct - Evening - no food available
- Tues 9th - Thurs 11th Oct - Lunchtime - Kitchen & bar closed
- Sunday 14th Oct - Evening - no food available

Normal service all other times, please call 01872 863445 if anyone has any queries about opening times.

**Quiz Nights** Our successful quiz nights are starting again!

Wednesday 26th September - 8.30pm start, £1 per player

Wednesday 31st October - 8.30pm start, £1 per player

Wednesday 28th November - 8.30pm start, £1 per player

**Advance notice:** Monday 11th December - Carol Service in conjunction with the Reverend Liz Harris and Frogpool Chapel, in the Cornish Arms. Please come along and join in the singing and get into the Christmas spirit. Mince pies, mulled wine and sausage rolls available.

Christmas menus will be available from 1st October (check out our website or give us a call).

**Tim and Jane would like to thank all our customers for their continued support.**

## Cornwall Council Mobile Library



The Mobile library will visit Chellean Vean in Frogpool between 4.20-5.00pm on the following dates:

**11<sup>th</sup> September, 9<sup>th</sup> October, 6<sup>th</sup> November, 4<sup>th</sup> December, MONDAY 31<sup>st</sup> December (Tues BHol)**

The library holds a selection of books, novels, large print books, children's books and talking books. DVDs, CDs and music scores can be borrowed on request. More information at [www.cornwall.gov.uk/leisure-and-culture/libraries/your-local-library/mobile-library-service](http://www.cornwall.gov.uk/leisure-and-culture/libraries/your-local-library/mobile-library-service) or by phoning 01872 272702.

If you're a member of the local libraries, you can download eBooks, eAudiobooks, newspapers and magazines to read or listen to at any time on your tablet, smartphone, PC or Mac. Find out more at [www.cornwall.gov.uk/leisure-and-culture/libraries/your-library-online/ebooks-eaudiobooks-and-emagazines/](http://www.cornwall.gov.uk/leisure-and-culture/libraries/your-library-online/ebooks-eaudiobooks-and-emagazines/)

Minister Revd. Liz Harris

Tel: 01209 820077. Email: [elizabeth.harris@methodist.org.uk](mailto:elizabeth.harris@methodist.org.uk)

## **Sunday Morning Services 10.45 a.m.**

**Coffee Mornings are held at the Church from 10.30 a.m. to 11.30 a.m. each month**

Thursday 27th September in aid of **Macmillan**

Thursday 25th October for Church funds

Thursday 29<sup>th</sup> November for Church funds

Thursday 13<sup>th</sup> December for **St. Petroc's**

*These are purely social events where you can come and enjoy a cup of great coffee or tea and have a chat.  
Bring & Buy Stall.*

## **Frogpool Women on Wednesday's Group**

are holding a Beetle Drive on Wednesday 14<sup>th</sup> November at 7.30 p.m. in the Sunday School Hall. £1 inc. refreshments. We warmly welcome anyone who would like to join us. It is not competitive but we do have a good laugh!

Frogpool Methodist Sunday School Hall and Stable Room (including kitchen facilities) are available for hire. Enquiries to Mary Richards 01872 863143.

## **Harvest Festival**

Sunday 23rd September

Morning Service at 10.45 a.m. will be led by Mrs. Rachel Carbis of Ruan High Lanes.

Evening Service at 6.00 p.m. will be led by Revd. Elizabeth Harris.

## **Harvest Pasty Supper**

Monday 24th September including a sweet at 6.00 p.m.

Followed by an Auction of mainly perishable produce not donated to the Foodbank. **Proceeds for Charity.**

We offer a warm welcome to you throughout the weekend.

## **Preliminary Notices**

**The Annual Carol Service will be held on**

Sunday the 9<sup>th</sup> December at 3.00 p.m. when it is hoped Cusgarne School children will be in attendance.  
Collection for charity.

**Christmas Day Service 10.30 a.m. led by Mrs. S. Wainwright.**

The Church has a large selection of jigsaws available to hire. These are available on Coffee mornings.

## **Craft group at the Parish Rooms, Richard Jory playing field**

A weekly craft group meet every Thursday 11.15am—3pm in the parish rooms. We explore a wide range of craft activities and materials, with just a small fee to cover costs. New members very much welcomed, please contact Ann on 07808 393874 for more information, or just drop in!

## New Management Teams Target Successful Season

It's all change at the Richard Jory Playing Field for 2018-19. Following the retirement of legendary manager Nick Mallaber after 27 years at the helm, Dan Templeton, who led the reserve side to the Trelawny Division 3 title in 2017-18, has stepped up to become FCFC's first team manager in Trelawny Division 2.

Templeton, who will be assisted by Tom Gall, has brought much of last season's side with him. He has also strengthened in key areas. Forward David Leach, who re-joined the squad towards the end of 2017-18, is fit and firing once again. Will Harding has added a touch of class to centre midfield, where he is lining up alongside fans' favourite, captain Sam Bromley. Tom Campbell and Lewis Bax have reformed their successful centre-half partnership while forward Jack Froud is looking to emulate his scoring exploits from last season where he finished with 27 goals.

A successful pre-season, including an eye-catching 4-2 away win against Falmouth Town Reserves of the Cornwall Combination League, has been followed by a positive start to the campaign. FCFC sat top of Division 2 at the start of the September, having won each of their first six games, including a resounding 9-1 victory over St Day Thirds on September 5.

"We are targeting another league title this season and hopefully a good run in the Junior Cup," Templeton said. "Our strengths are our ability to move the ball, work hard for each other and create lots of chances. We have learnt to never assume anything is done and to keep playing until the final whistle."

## Frogpool Reserves

The first team's strong start has been matched by the second team, which won their first three league games with an aggregate score-line of 25-6. With Templeton now taking on the firsts, Darren Meagor, a key part of Mallaber's midfield during his final two seasons, has been appointed the reserve team boss.

The majority of last term's first team are now lining up for the seconds, including club stalwarts Jason Holt, Nick Lasseter, Kai Delaney and Rowan Hartgroves. They have been joined by several key new signings: imposing centre-half Daniel Higgins, tricky left winger Ashley Lawrence, trusty midfield man, Ben Datson, and talented goalkeeper, Zak Granville.

With striker Kevin Smith looking to continue banging in the goals, and new captain Tim Edwards marshalling the midfield, the team's fresh look and strong competition for places has convinced Meagor that the reserves can challenge in 2018-19.

"We have an experienced squad with a lot of players who have played a lot of games," Meagor said. "We are aiming to emulate the achievements of the reserves of last season and win the league. Our minimum aim is to finish in a place where we would achieve promotion. We would also love to have a run in one of the cups."

## Jayne's Memorial

FCFC held their annual memorial game on August 26. The game is held to commemorate the work of former secretary Jayne Lewarne, who passed away in 2010, aged 35, and sees a team of current players play against a side of past FCFC legends to compete for the Frank Andrew trophy. This year the current side, captained by Nick Lasseter, won 7-5 with Jason Holt awarded man-of-the-match. Gary Chenery won the John Mallaber trophy for his effort during the game. The event raised funds for FCFC's chosen charities for the 2018-19 season: Cornwall Hospice and Carrick Mind.

New players are very welcome to join the squad for the upcoming season. FCFC train on Wednesdays at 18.30 at the Richard Jory Playing Field. Home games are held at the same venue, kicking off at 14.30 on Saturdays.

It is an exciting time for FCFC and both teams look forward to welcoming supporters, both new and old, to fixtures this season.



*Past and present FCFC players at the recent Jayne's memorial game at the Richard Jory Playing Field*

## Cusgarne Primary School

It's been great to see all the children return to school after the summer break, and also to welcome the new children and families starting school this September. The new Reception children are settling into school life well and we are all enjoying getting to know the new members of our school family.

The school is thriving and it is wonderful to see the classes full of happy, enthusiastic children.

The summer term ended with a flurry of activities including a whole-school trip to the Minack Theatre and Porthcurno beach, and our end of year school play which involved every child in the school. We never cease to be amazed by the talented young people we have at the school, the confidence and focus they give to their performances and the support they give each other. Of course the end of term meant saying goodbye to our Year 6's, but we know they are ready for the next chapter in their lives and we wish them luck at their chosen secondary schools.

Over the summer break some maintenance work was carried out at the school, making improvements to the perimeter fencing, resolving a drainage issue across the playground, and instating a maglock on the entrance gates to ensure that children are safe at all times. We are also developing an outdoor environment for the children in Class 1 which provides free flow learning and play opportunities.

We have started the Autumn term at a pace and our School Council for this year have already been elected. The Council consists of representatives from every year group. Preparations will soon be starting for our Harvest Festival & Auction which is taking place on 11th October, and Class 2 are looking forward to an excursion to Newquay Zoo on 25th September!



If you have any questions please feel free to contact the School on 01872 863563.

*Tim Barnard (Head of School)*

### Useful dates:

11th October, 1.30pm Harvest Festival

18th & 19th October Inset Days

22nd - 26th October Half term

10th Dec, afternoon, Christmas Play, to be confirmed

11th Dec, evening, Christmas Play, to be confirmed

20th Dec, last day of term

*We understand that parking is extremely busy during school drop off & pickup times, and for special events. We regularly remind our parents to park considerately and ask for your patience & understanding during these short but busy periods.*

## United Downs Deep Geothermal Power Project

Site preparation work has now been completed, apart from some internal fitting-out of the office and electrical work on the gates.

Our drilling rig has now completed the geothermal well in Finland and is undergoing maintenance and inspection work before being transported to the UK. We expect it to begin arriving in Cornwall during the first week of October and to begin drilling in about the third week. We will therefore be drilling over the winter months now, with a scheduled completion in April 2019.

Over the summer we have attended a number of local community events, including the Gwennap Parish Community Fete where we had a steady stream of interested visitors. We were glad to hear that the vast majority were very supportive of the project. Our Community Relations Manager has also been a regular attendee at coffee mornings and other gatherings in the nearby villages.

Our education programme continues to grow. We have visited a dozen primary schools in Cornwall now, and are planning visits to the nine nearest secondary schools now that the new school year has started. Our second educational film, aimed at secondary schools and above, is almost complete.

Once the rig is operating we will be organising drop-in sessions at our site office for local residents and businesses to visit and find out more about what we are doing.

The project website provides information about geothermal energy in general, and the UDDGP project in particular, and will be kept up to date with news on the programme and site activities.

[www.uniteddownsgeothermal.co.uk](http://www.uniteddownsgeothermal.co.uk)



It has been a busy but enjoyable summer. We have welcomed new member Shirley to our group and we now number nineteen ladies. Our tombola stall at the village fete raised £100 for the fete fund. As we were all willing to sacrifice our waistlines for charity, we held a bingo and pasty fundraiser for our group at the Parish rooms in June and further fundraising for the Invictus Trust at our annual cream tea event, in July made a whopping £350.

At our June meeting Mr Glyn Abrahams gave us an interesting insight into The Story of Leather from its origins up to the present day and our July meeting saw our ladies swaying to the music of the Shadows. Our speaker Ron Stewart, himself a resident of Frogpool, entertained us with music from his favourite group and era. It was a joy to hear him play and we were very appreciative that he wanted to come and entertain us.

It was a memorable night also because prior to the meeting we met at Frogpool cemetery and unveiled the plaque for the Maidenhair Fern tree that had been planted by our group to mark the year 2000. For some reason the tree had remained without a marker but following a bright idea from Margaret a lovely wooden plaque was obtained and will now serve as a reminder to all.

Our President Sue always holds an "at home" for our August meeting. Sue and her husband Jesse were celebrating their 50<sup>th</sup> wedding anniversary and everyone wished them well. A raffle was held along with a bring and buy auction. Rose has held the baton as our auctioneer for many years now but is teaching Ros the ropes and alongside the cheeky comments



about the alleged couture scarves and the finest gold jewellery on offer a total of £134 was raised for our funds.

We always hold our harvest auction at our September meeting with the money raised going to charity. This is an open meeting so all ladies are welcome. Refreshments are provided and there is usually more of a chance to catch up on news and make plans for the autumn as there is no speaker booked.

Looking ahead to the final months of 2018 our speakers are:-

**2<sup>nd</sup> October** Rachel Miles – her talk is entitled Bag Ladies – The story of the handbag

**6<sup>th</sup> November** Barry Wilkinson, a Frogpool resident will talk to us about his work with SSAFA the armed forces charity

**4<sup>th</sup> December** is our Christmas party

**January** – no meeting

**5<sup>th</sup> February** – Clare Greenwood tells us about the art of tying a scarf

Please contact Sandy on 01872 863041 for more details or come along at 7.30 pm to the Frogpool Methodist Chapel Hall on the first Tuesday of the month.



*Some members of the WI unveiling a plaque in front of the Maidenhair fern tree they planted to mark the millennium.*

# Gwennap Church Town News

## SERVICES AT ST. WENNAPA CHURCH

**1st Sunday** Holy Communion (*Book of Common Prayer*)

**2nd Sunday** All Age Worship

**3rd Sunday** Holy Communion (*Common Worship*)

**4th Sunday** Matins (*service of morning prayer*)

**5th Sunday** Holy Communion (*Common Worship*)

### Special services:

**Sunday 14th October**, 11am, Harvest Festival at the All Age Service.

**Monday 15th October**, Harvest Supper & Auction of produce, 6.30pm, in the Church Hall. The proceeds will go to Cornwall Hospice Care. We have a pasty supper and luscious puddings. Bring your own bottle. Booking essential on 01872 862670. Posters will be available nearer the time.

**Monday 24th December**, Christmas Eve, 11.30pm Holy Communion.

**Tuesday 25th December**, Christmas Day, 10am Holy Communion.

**Everyone is very welcome at our services. Do come along and join us.**

## GWENNAP LADIES GUILD

The Guild meets on the fourth Tuesday of each month in the church hall at 2.30pm (unless an outing has been arranged). New folk are very welcome. Plans are in preparation for the coming months. Contact Sue Martyn on 01872 862670 for further details.

### **A date for your diary:**

Wednesday 17th October, Johnathon Bielby will be giving a concert of organ music in Gwennap Church. A treat for the music lovers amongst you! Posters will be available nearer the time with further details.

## THE COFFEE STOP

We are having a Christmas Fair on Saturday 24<sup>th</sup> November 10am until 12.30pm.

Proceeds to our charity CLEAR, helping children in Cornwall who are suffering abuse.

We continue to meet every Tuesday in the parish rooms at Pulla Cross 10am until 11.30am –all welcome.

Phone Vanessa on 01209 820355 for more information, or just drop in.

## GWENNAP LUNCH CLUB

At Gwennap Church Hall 12.30 – 2pm on the third Tuesday of the month. 2 courses with coffee/tea. If you enjoy spending time with other people why not come and join us.

- October 16<sup>th</sup>
- November 20<sup>th</sup>
- December 18<sup>th</sup> Christmas Lunch

For more information phone 01209 820355



## Gwennap Horticultural Society

**20th September** - Talk by Robin Hill - Garden at Andrew's Corner - Fifty Years Gardening on Dartmoor

**22nd September** - Visit to the National Dahlia Collection at Varfell Farm, Long Rock, Penzance

**11th October** - Annual Dinner

**18th October** - Talk by Darren Hawkes (Chelsea Flower Show 2017 Gold Medal Winner) on "Landscape Design and the Preparation of a Show Garden for Chelsea"

**15th November** - Brian Hiley - A Talk on "Some of Brian and Heather's Travels"

**6th December** - AGM and Christmas Social Evening.

Full details can be obtained from Secretary - Susan McCrossan on 01872 870320.



HICKS MILL METHODIST CHURCH

## HICKS MILL METHODIST CHURCH

Morning Services are held at 10.30 am

All are welcome

Some services are shared with neighbouring chapels, please ring 01209 821474 to confirm location.

## Do you have old mobile phones or used printer cartridges?

Regardless of their condition Robert Cook is collecting them for **The Camborne Town Band Music Society** (registered charity no: 1135992), Cornwall's most famous and successful Town and Youth Brass Bands.

Please contact Robert on 01872870114 or 07763407227 for further details or alternatively just wrap and put them through his letterbox at 14 Treneglos, Frogpool, TR4 8RT.

**All items will get properly recycled, help raise funds and won't go into landfill!**

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## School Safety A Top Priority As New Parking Rules Come Into Effect

Parents dropping their children off to class and stopping in their school's 'keep clear zone' could face penalty notices as new tougher parking rules come into operation.

A new Traffic Regulation Order come into effect on Tuesday, September 4, making it an offence to stop or park on the markings at any time, even to drop off or pick up passengers.

The zones are marked off to keep the space outside of schools free

from parked vehicles so that children can be seen more easily when crossing the road.

They also help to provide a clear field of vision for other vulnerable road users when they are crossing the road.

From the start of the new school year, any vehicle parked on these markings may be issued with a Penalty Charge Notice of £70.

Cornwall Council and CORMAC

has been working with schools, residents and local councillors across Cornwall over the last 18 months to review the existing zig-zag markings outside schools.



## How Healthy Is Your Heart?

Adults across the country are being encouraged to take a few minutes out of their day to get to know their heart age by taking a free online, 'Heart Age Test', which asks physical and lifestyle related information, as well as blood pressure and cholesterol, and determines if someone's heart is at a higher age than their actual age.

Having a heart age older than your chronological age means that you are at a higher risk of having a heart attack or stroke, which are the two main forms of cardiovascular disease, which is the second leading cause of death in the country. It is estimated that over 50 deaths a day from these conditions could be prevented if people had a better understanding of their heart health. Each month around 7,000 people die from heart disease or stroke and 80 per cent of these deaths could be prevented (around 19,200 deaths a year). Addressing these changes in midlife will also reduce the risk of dementia.

Modern life can make it tricky to be healthy, but making positive lifestyle choices can reduce the risk of heart attack or stroke, whether this is through stopping smoking, making healthier food choices or increasing the level of physical activity that you do. The heart age test provides advice on how you can achieve these goals.

The Heart Age Test has been completed 1.9 million times so far and four out of five of those have a heart age higher than their chronological age. To find out your heart age go to <https://www.cornwall.gov.uk/health-and-social-care/public-health-cornwall/public-health-campaigns/heart-age/>

### HOW HEALTHY IS YOUR HEART?

The Heart Age Test:

- Tells you your heart age compared to your real age
- Explains why it's important to know your blood pressure and cholesterol numbers
- Gives advice on how to reduce your heart age

**START**

Full terms and conditions can be read here

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Call Bev on 01872 362552  
[www.cornwall.gov.uk/warmandwell](http://www.cornwall.gov.uk/warmandwell)

## Free NHS Health Checks for over 40s

**Over 40?** Did you know you could have a free NHS Health Check

Across Cornwall people aged between 40 and 74 are being invited for a FREE NHS Health Check


The aim is to help reduce the risk of developing serious conditions such as heart disease, stroke, diabetes and kidney disease. The great news is many of these illnesses can be prevented with some simple changes in lifestyle, even if you have a history of them in your family

**What is a Health Check?**

- The check is to assess the risk of developing heart disease, type 2 diabetes, kidney disease and stroke and takes about 20-30 minutes
- Some simple questions will be asked about family history and current medication
- Height, weight, age, sex and ethnicity will be measured along with blood pressure and cholesterol

**Who can have a health check?**

Men and women between the age of 40-74 who **DO NOT** have any of the following disease



- Diabetes
- Coronary Heart Disease or previous heart attacks
- Stroke or mini strokes
- Chronic kidney disease
- Peripheral arterial disease and Atrial fibrillation (AF)
- High blood pressure
- High cholesterol

**What happens after the check?**

People will be offered support to reduce their risk and stay healthy

- Advice will be personalised on how someone can reduce their own risk
- Support with making any changes to lifestyle

**Where can I get a health check?**

- GP's – watch out for the invite or ask your surgery for details
- Some people may be offered a Health Check in their workplace or other community venue

More information available at [NHS Health Check](https://www.nhs.uk/health-check)

# Parish Rooms, Richard Jory Playing Field, Pulla Cross

## Update on the Richard Jory Playing Field Youth Group, by Gwennap Parish Council

The launch of the youth group at the Richard Jory playing field in February of this year has gone very well. Membership and attendance at both sessions is excellent, and the young people all enjoyed an amazing programme of activities over the school holidays (see below). It is brilliant to see the youth group so well supported and to hear the fantastic feedback from the young people and their parents. Gwennap Parish Council are delighted to have successfully secured a Lottery 'Awards for All' grant to fund the youth group for another 12 months. Furthermore, in response to the local support for our bid for the Calor Gas funding awards, an informal crowd funder has raised just under £500, with the help of a generous donation by a local business. This money will be used to purchase additional equipment and resources for the youth group - thank you to all those involved. The youth group would really love some volunteer helpers, if you would be happy to help on a regular or time to time basis, please contact the Young People Cornwall youth workers on 01872 222477 for more information.



## Richard Jory Playing Field Youth Group

The Richard Jory Youth group have had a busy summer - a wide range activities were offered to young people giving the opportunity to take part in a whole range of offsite and on-site activities and trips designed to challenge them, take part in new experiences, and provide something to do over the holidays.

The programme which was created and planned by young people and youth workers included a trip to Jump 4, beach day, football golf, Climbing wall activity day, Waterworld, Roller Disco, football tournaments and BBQ's.

Over 20 young people from the youthclub took part in the various activities and a fantastic time was had by all.

These activities have been funded through the Big Lottery's Reaching Communities programme.

We would also like to take this opportunity to thank everyone who voted in the Calor Gas funding awards, it is with regret we did not receive the funding once it went to the judges panel, but the amount of votes received clearly shows the local support towards the youth club.

The youth club is now back up and running at our normal times, we run every Friday evening, with few exceptions. 5:15-6:45pm for 8-11 year olds and 7:00-8:30 for those aged 11-18 (11 year olds can decide which group they would prefer to attend, but can not attend both)! Please check our Facebook group for regular updates – search 'Richard Jory Playing Fields Youth Group' or call our office for more info or any urgent enquiries – 01872 222477.

## Frogpool Tadpoles Toddler Group

Stay and play toddler group for children aged 0-5 and their parents/carers

Monday mornings 9-10.30am (term time only) at the Parish Rooms at the Richard Jory playing field

Cost £2 for first child, siblings £1

It is run by two DBS checked, Ofsted registered childminders, who hold first aid certificates.

Text or phone Ann 07808 393 874 for more information.

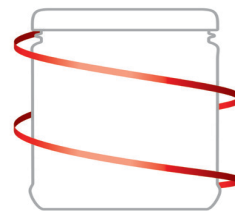
## Final Car Boot Sale of the season

It's the final car boot sale of the season this **Sunday 16th September** at the Richard Jory playing field, Pulla Cross.

Gates open at 7am. It's only £3.50/boot for sellers, admission and parking is free for buyers and refreshments are available to buy, along with crafts and plants, so come along and support this lovely community event, and make our final sale a bumper one! *Sorry, no dogs permitted*

Contact Ann on 07808 393874 for more info.

Car Boot Sales run on the first & third Sundays between Apr-Sep inclusive, weather dependent.



### **POTATO, MUSHROOM AND HAM BAKE**

**(Serves 2-3)**

Back to school time and the evenings are starting to draw in. This is a great supper dish as it is tasty and filling. The ham provides flavour and is a sop to those in your household who think a meal is not a meal without meat of one sort or another (I have one of those). I like to use floury potatoes such as Maris Piper but waxy are just as fine although they won't absorb much of the liquid. I've tried this with Greek yoghurt in place of double cream but it doesn't work as well.

800g/1lb 12oz potatoes, peeled & sliced into 1/2cm/1/4in slices

100g/4oz lean smoked ham, thickly sliced and torn into

approx 4cm/1 1/2in pieces

250g/8oz chestnut or portabello mushrooms, thickly sliced

300ml/1/2pt double cream

150ml/1/4pt semi-skimmed milk

2tsp Dijon mustard

2tsp seed mustard

2 large cloves garlic, peeled and crushed

3tbsp chopped parsley

Black pepper, freshly ground

100g/4oz strong Cheddar cheese, grated

*1.5 litre shallow ovenproof dish*

*Pre-heat oven: 180°C/fan 160°C/gas 4*



Bring a large pan of water to the boil and simmer cook the potatoes for 5 minutes. Drain and leave lid off to allow them to steam.

Put 3-4tbsp water in a saucepan, add the sliced mushrooms and toss them gently in the water, put lid on and cook on a gentle heat until the mushrooms are just softened. Take off heat and drain off liquid (you can keep this to add to gravy or another dish).

Mix the cream, milk, mustards, garlic and parsley. (Tip: instead of crushing garlic and chopping parsley, both of which are fiddly jobs, put them into the milk, cream and mustards and whiz them using a stick blender.) Add the ground black pepper.

Put a little of the cream mixture in the bottom of the ovenproof dish, add half the mushrooms and ham. Add a layer of potatoes to cover. Put some of the cream mixture on top. Repeat the layers and pour remainder of cream mixture on top to cover. Sprinkle over the grated cheese.

Bake for 30 minutes or until the potatoes are tender and the cheese is bubbling and golden.

If you wish to serve a vegetable I would suggest Savoy cabbage, chopped or sliced and cooked by tossing in a saucepan over heat with a mixture of 45g/1 1/2oz melted salted butter, 3tbsp water and a sprinkling of caraway seeds and freshly ground black pepper.

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## Carnon Downs Drama Group News



For those of you who came to support our full size "Punch & Judy" at Trebah Gardens thank you. We hope you enjoyed the show. We were hoping to perform at the Gwennap Community Fete but alas we just couldn't get the show on the road in time so sadly had to pull out however, we are hoping to perform another story from "Punch & Judy" next year so fingers crossed we can be at the fete to entertain you all.

Believe it or not, panto is just around the corner. Auditions in September with rehearsals commencing October in preparation for 5 performances 24-27 January 2019 of **"Toot 'n' Come In"** written by Joyce Bassett (of Dracula Goes On Holiday fame) and directed by Pam Furnish.

This panto set in Ancient Egypt has a large cast for which we need lots of actors (or non-actors that want

to have a go at performing) Anyone aged 7years upwards can join. You do not need any previous experience to be on our stage, but enthusiasm and a big smile will help. For further details check out our facebook page <https://www.facebook.com/CarnonDownsDramaGroup/> or email [secretary@carnondownsdrama.co.uk](mailto:secretary@carnondownsdrama.co.uk)

Pantomime Auditions: Sunday 30 September.

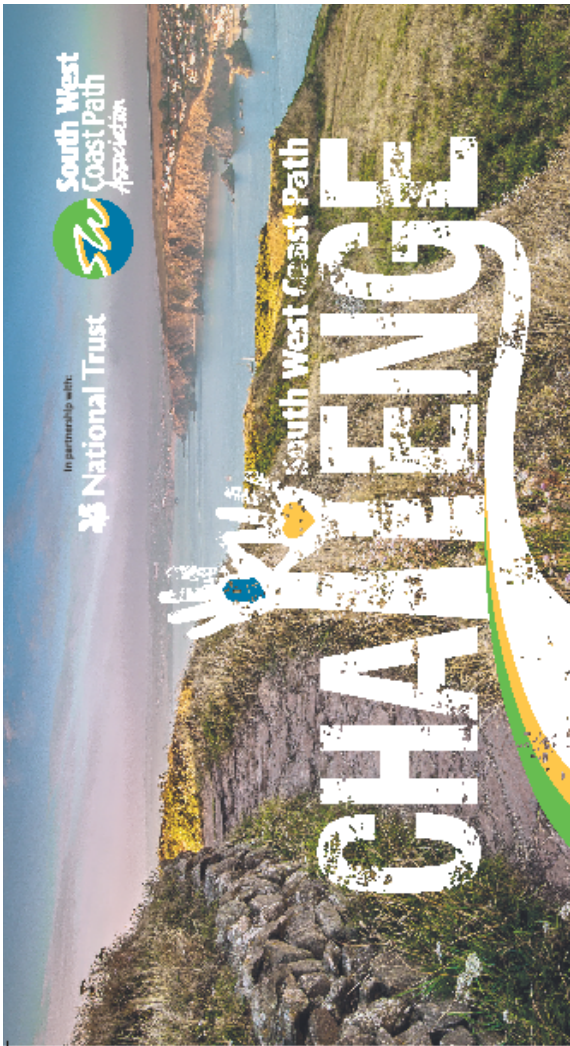
Adults 14yrs+ only ~ 10am -1pm in The Barn, near Gwennap Pit (please contact us for directions)

Children 7yrs-13yrs~ 2pm-5pm in the Perranwell Centre, School Hill, Perranarworthal TR3 7JU

ADULTS ONLY – not for children our next show will be **"What The Butler Saw"** by Joe Orton

We will be performing this farce set in a private clinic 4-6 October in The Perranwell Centre.

Tickets are £10 each and available from [www.ticketsource.co.uk/cddg](http://www.ticketsource.co.uk/cddg) or by phoning our ticket hotline 03454 500296.



**The South West Coast Path Association challenges YOU to give back to the Path this October and join the final push towards raising £40,000 on the National Trail's 40th Anniversary in 2018.**

All you have to do is get out on the Path during October and raise whatever you can - whether that is £4, £40 or £400. You can come along to one of our exciting hosted hikes throughout October, or head to the Path in your own time to raise funds for its future.

**JOIN A COAST PATH EVENT NEAR YOU THIS OCTOBER**

Friday 5th	Stories of St Agnes	History and legends walk	St Agnes
Friday 12th	Flaming Torchlit Trail	Night walk	Charmouth
Saturday 13th	Start the Path	All day 10 mile hike	Minehead
Saturday 13th	The Big Cornish Bash	Celebration walk	Watergate Bay
Sunday 21st	Fowey Foraging Walk	Foraging walk	Fowey
Monday 22nd	Stories of Salcombe Estuary	History and legends walk	Salcombe
Wednesday 24th	Torbay Wildlife Watch	Family nature walk	Torbay
Friday 26th	Flaming Torchlit Trail	Night walk	Kingswear
Saturday 27th	Finish the Path	All day 10 mile hike	Swanage
ALL MONTH	October Time Trial	Trail running challenge	Plymouth



[www.southwestcoastpath.org.uk/challenge](http://www.southwestcoastpath.org.uk/challenge)

Reg. charity no. 1186422

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# Richard Jory Playing

## Field Youth Club

Playing field at Pulla cross, TR4 8SA

**Friday evenings**

**8-11 year olds : 5:15-6:45**

**11-18 year olds: 7:00-8:30**

**YOU DECIDE**

**Volunteers Welcome!**

**More Information: 01872 222447**

**www.youngpeoplecornwall.org**

**facebook: Richard Jory Playing Fields Youth Group**

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11yr olds can choose a group, but not come to both.





The deadline for applications is 31 October 2018

## Transfer to secondary school September 2019

Applying for a place in year seven at a secondary school

### Information and guidance

Website and application form: [www.cornwall.gov.uk/admissions](http://www.cornwall.gov.uk/admissions)

Email: [schooladmissions@cornwall.gov.uk](mailto:schooladmissions@cornwall.gov.uk)

Post: School Admissions Team, County Hall, Truro, TR1 3AY

Telephone: 0300 1234 101

### Need help with your application?

Contact the Family Information Service on 0800 587 8191



[www.cornwall.gov.uk](http://www.cornwall.gov.uk)

## Applying for a secondary school place for September 2019

### Special Educational Needs

If an Education, Health and Care (EHC) Plan has been issued for your child you do not need to complete an application form. Please contact the Statutory SEN Service for more information: Tel: 01872 324242 Email: [statutorysen@cornwall.gov.uk](mailto:statutorysen@cornwall.gov.uk)

### 1 Decide on your preferred schools

You are strongly advised to name **three** preferences on the application form.

**Naming a second or third preference does not give you any less chance of getting a place at your preferred school.** When making your decision you should...

...think about **how you will get your child to school.** Go to [www.cornwall.gov.uk/schooltransport](http://www.cornwall.gov.uk/schooltransport) for more information on whether your child would be entitled to transport to school.

...look at the **admission arrangements** on our website that will be used to allocate places for each school.

...consider naming your **nearest or designated school** as one of your preferences. You can find your nearest or designated school on our website.

...look at the detailed **admissions information** on our website, also available on request.

### 2 Submit your application by 31 October 2018

Apply online at [www.cornwall.gov.uk/admissions](http://www.cornwall.gov.uk/admissions)

### 3 Wait to find out which school you have been allocated

If you applied on time you will be notified of your allocation on **National Offer Day: 1 March 2019. Apply on time!** Late applications will only be dealt with after National Offer Day and there may not be any places left at your preferred schools.

# CDDG

## 4-6 Oct

Presents the farce

The Perranwell Centre, 7.30pm

## "What The Butler Saw"

By Joe Orton



Tickets 03454 500296

[www.ticketsource.co.uk/cddg](http://www.ticketsource.co.uk/cddg)

This Amateur Production of "What The Butler Saw" is presented by special arrangement with SAMUEL FRENCH LTD.

**Cannon Downs Drama Group is a Registered Charity # 1086291**

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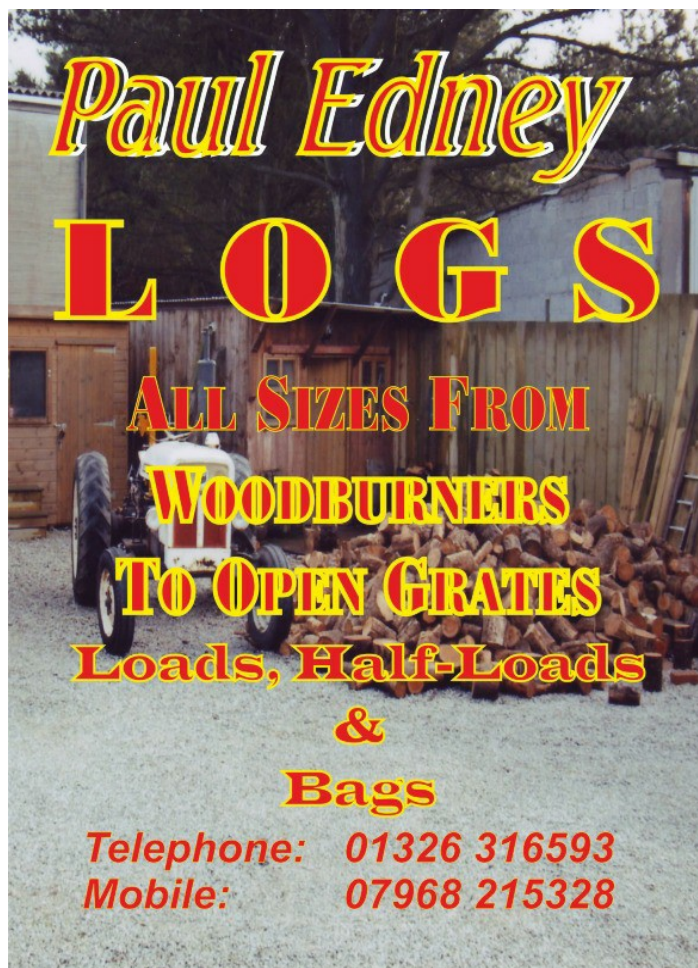
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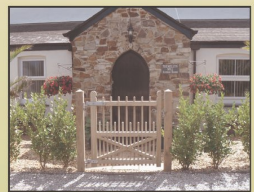
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**PLEASE NOTE...**

The deadline for the next parish newsletter is **29th November**. Please send all articles, photos or adverts to Fiona Barnard, Parish Clerk, at clerk@gwennap-parish.net or phone 07970 730629 for more information. Commercial advertising prices available on request.

# What's On September - December

## September

- 16th Car Boot Sale (last of the season), Richard Jory playing field, gates open 7am for sellers
- 18th Coffee Stop at the Parish Rooms, 10.00-11.30am
- 20th Gwennap Horticultural Society, talk by Robin Hill
- 20th Gwennap Parish Council meeting at the parish rooms, Richard Jory playing field, at 7pm
- 22nd Gwennap Horticultural Society visit to National Dahlia Collection at Varfell Farm
- 23rd Harvest Festival, Frogpool Methodist Church, 10.45am and 6.00pm
- 24th Harvest Supper & Sale, Frogpool Methodist Church, 6pm
- 25th Coffee Stop at the Parish Rooms, 10.00-11.30am
- 25th Gwennap Ladies Guild, Gwennap Church hall, 2.30pm
- 26th Quiz Night at the Cornish Arms, 8.30pm
- 27th Coffee morning at Frogpool Methodist Church 10.30-11.30am
- 30th CDDG Pantomime Auditions (see p15 for details)

## October

- 2nd Coffee Stop at the Parish Rooms, 10.00-11.30am
- 2nd WI meeting, Frogpool Methodist Hall, 7.30pm, with Rachel Miles
- 4th-6th CDDG "What The Butler Saw", The Perranwell Centre (adults only)
- 9th Coffee Stop at the Parish Rooms, 10.00-11.30am
- 9th Mobile Library, Chellean Vean, Frogpool, 4.20-5pm
- 11th Cusgarne School Harvest Festival, 1.30pm
- 11th Gwennap Horticultural Society Annual Dinner
- 14th Harvest Festival, 11am, Gwennap Church
- 15th Harvest Supper & Auction, 6.30pm, Gwennap Church Hall
- 16th Coffee Stop at the Parish Rooms, 10.00-11.30am
- 16th Gwennap Lunch Club, 12.30-2pm, Gwennap Church Hall
- 17th Johnathon Bielby Organ Concert, Gwennap Church
- 18th Gwennap Horticultural Society, talk by Darren Hawkes
- 18th Gwennap Parish Council meeting at the parish rooms, Richard Jory playing field, at 7pm
- 23rd Coffee Stop at the Parish Rooms, 10.00-11.30am
- 23rd Gwennap Ladies Guild, Gwennap Church hall, 2.30pm
- 25th Coffee morning at Frogpool Methodist Church 10.30-11.30am
- 30th Coffee Stop at the Parish Rooms, 10.00-11.30am
- 31st Quiz Night at the Cornish Arms, 8.30pm
- 31st Deadline for September 2019 Secondary School applications

## November

- 6th Coffee Stop at the Parish Rooms, 10.00-11.30am
- 6th Mobile Library, Chellean Vean, Frogpool, 4.20-5pm
- 6th WI meeting, Frogpool Methodist Hall, 7.30pm, with Barry Wilkinson

- 13th Coffee Stop at the Parish Rooms, 10.00-11.30am
- 14th Beetle Drive, 7.30pm, Frogpool Chapel Sunday School Room
- 15th Gwennap Horticultural Society, talk by Brian Hiley
- 15th Gwennap Parish Council meeting at the parish rooms, Richard Jory playing field, at 7pm
- 20th Coffee Stop at the Parish Rooms, 10.00-11.30am
- 20th Gwennap Lunch Club, 12.30-2pm, Gwennap Church Hall
- 23rd Harvest Festival, 10.45am & 6pm, Frogpool Chapel
- 24th Christmas Fair, Parish Rooms, 10-12.30pm
- 24th Harvest Pasty Supper & Auction, 6pm, Frogpool Chapel
- 27th Coffee Stop at the Parish Rooms, 10.00-11.30am
- 27th Gwennap Ladies Guild, Gwennap Church hall, 2.30pm
- 28th Quiz Night at the Cornish Arms, 8.30pm
- 29th Deadline for articles/adverts for Winter issue of Newsletter
- 29th Coffee morning at Frogpool Methodist Church 10.30-11.30am
- 30th Country House Christmas, Trevince, 10am - 4pm

## December

- 1st - 2nd Country House Christmas, Trevince, 10am - 4pm
- 4th Coffee Stop at the Parish Rooms, 10.00-11.30am
- 4th Mobile Library, Chellean Vean, Frogpool, 4.20-5pm
- 4th WI Christmas Party
- 6th Gwennap Horticultural Society AGM and Christmas Social Evening
- 7th - 9th Country House Christmas, Trevince, 10am - 4pm
- 9th Frogpool Chapel Carol Service, 3pm
- 10th Cusgarne School Christmas play, afternoon performance
- 11th Coffee Stop at the Parish Rooms, 10.00-11.30am
- 11th Cusgarne School Christmas play, evening performance
- 11th Carol Service in conjunction with Frogpool Chapel at the Cornish Arms
- 13th Coffee morning at Frogpool Methodist Church 10.30-11.30am
- 18th Coffee Stop at the Parish Rooms, 10.00-11.30am
- 18th Gwennap Christmas Lunch Club, 12.30-2pm, Gwennap Church Hall
- 20th Cusgarne School, last day of term
- 20th Gwennap Parish Council meeting at the parish rooms, Richard Jory playing field, at 7pm
- 24th Christmas Eve Holy Communion Service, 11.30pm, Gwennap Church
- 25th Christmas Day Holy Communion Service, 10am, Gwennap Church
- 25th Christmas Day Service, 10.30am, Frogpool Chapel
- 31st Mobile Library, Chellean Vean, Frogpool, 4.20-5pm