# GWENNAP PARISH NEWSLETTER

AN BLU LANN-WENNAP DERIVADOW

SUMMER 2024 ISSUE 62



Inside:

PARISH FETE

WHEAL MAID

**CEMETERY** 

# PARISH COUNCIL MEETINGS

Meeting dates for 2024 are:

Wednesday 11th September

Wednesday 16th October

Tuesday 12th November

Tuesday 10th December

# Chair's Blog

It has been a really busy period for the Parish Council over The early signs are that the BIFFA street cleaning the last 4 months and there are no signs of things slowing

To encourage residents to attend, we used the Annual Parish Meeting as an opportunity to consult on the design for the proposed transformation of the Parish Rooms. There was no clear winner from the 2 preferred options but there was pleasing support for the aim of making improvements. The final design has now been agreed with the architects and the application for planning permission will now be submitted. We will hold another consultation event at the appropriate time.

The affordable housing scheme in the village of Gwennap is subject to a thorough review due to the rising building costs and the need to keep the project finances within the parameters of the available grants. Planning permission for the development has been granted.

Coastline Housing are continuing to look at potential designs for the Trelyn affordable housing development on the outskirts of Frogpool. Again, there will be full public consultation as this moves towards a planning application.

You will have seen that the new 20 mph signs have been erected within the Parish. It will be interesting to see whether this impacts on driver behaviour. I know that there are some residents who feel that more roads could have been included within the scheme but it is clear that Cornwall Council will not entertain any further changes.

Thank you to all those who came to speak to the Parish Council and the Environmental Group at the annual fete. Clearly, card and 'bean bag throwing' games are the way to attract both younger and older residents! A big thank you to Mary Richards and her stalwart team of organisers for another successful event.

The car boot sales have returned for another season and continue to be popular. Sellers and buyers have helped to raise £1200 for Parish funds so far this year.

Thank you to all the local residents who came along to express their views on the future of Wheal Maid at our June meeting. Passionate debate conducted with respect is the heart of local democracy.

and litter-picking arrangements are working well but please advise the Clerk of any drop in standards.

A child was hurt using the equipment at the Playing Fields. There is a regular inspection regime which picks up most issues but if you are aware of any damage or problem that needs addressing, please get in touch so that we can address it immediately.

As usual, if you have any ideas to improve our Parish or wish to volunteer in any way, please email the Clerk with details. We can only be an effective Council with your help!

Richard Williams Chair

# **Your Parish Council**

Richard Williams (Chair) richardwilliams@gwennap-parish.net 07464 171337

Greg Foxwell (Vice Chair) gregfoxwell@gwennap-parish.net 01209 204298

Andrea Freeman andreafreeman@gwennap-parish.net 07854 200750

Steve Trelease stevetrelease@gwennap-parish.net 07979 395461

Lynn Begley lynn.begley@gwennap-parish.net 01872 870241.

Veryan Pascoe-Edward 07961 688500 veryan.pascoeedward@gwennap-parish.net

Julian Hughes 07720 378980 julian.hughes@gwennap-parish.net

> Parish Clerk Chris Ring 07762 699783 clerk@gwennap-parish.net

**Gwennap Parish Council** Richard Jory Playing Field **Pulla Cross** Truro, TR4 8SA www.gwennap-parish.net

# WHEAL MAID

Wheal Maid is a former mine within the Gwennap Parish which is around 1.5 km east of the village of St Day. In the nineteenth century, it was part of a highly productive and lucrative mining industry alongside its neighbours, Poldice and Carharrack mines.

By the 1970s, things had dramatically changed and the site was turned into large lagoons and was used as a tip for two other nearby mines: Mount Wellington and Wheal Jane.



In the late 1980s, there was a notional plan to use Wheal Maid as a landfill site for rubbish imported from New York and that a power plant would be built alongside. There were also concerns that it could be used as an overspill for the County Council-operated United Downs landfill site which is situated across the road.

In the context of these concerns, Gwennap Parish Council entered into lengthy negotiations with Carnon Holdings, the owners, to acquire the site. Although it was known at the time that the land was contaminated which would lead to residual liabilities for the Council, the purchase was completed in October 2002 for £1. The intention was to secure the long-term future of Wheal Maid whilst working alongside Cornwall Council, Carrick District Council and the Environment Agency to address the liabilities which had been identified.

Fast forward over 20 years and, despite much activity, including a variety of surveys and research projects, the Parish Council continues to own a facility, much loved by local residents, mountain bikers, dog walkers, runners, pedestrians and butterfly fanciers alike but which also retains significant public and environmental liabilities. The cost of insuring against and monitoring the extent of those liabilities is currently around £12,000 per year or 25% of our annual precept. There are also one-off costs which have to be met which included capping a mine shaft this year at a cost of several thousand pounds.

Faced with this financial burden which rests upon all residents, including those who don't benefit from Wheal Maid at all, the Parish Council was obliged to consider all options to try and alleviate that burden whilst recognising its responsibilities to look after a much-cherished site by those who live near it and/or enjoy its unique landscape. As part of that process, the Parish Council were considering placing the site on the open market to see whether there were any statutory agencies or other organisations who might wish to acquire the land, who would take on the liabilities associated with the site but who would also respect the recreational, environmental and other benefits.

At our regular Parish Council meeting in June, it was clear that a number of residents living close to Wheal Maid were concerned at the prospect of its disposal and, following a lively debate and an opportunity to clear up some misconceptions, it was agreed that a Working Group would be set up. This will examine all the interrelated issues which surround the site with a view to fulfilling the original intention of the Parish Council of safeguarding what's best about Wheal Maid, respecting its heritage and reducing or ending the financial burden which falls upon all our residents. Whether, as part of that process and solution, a disposal of the site is feasible in the best interests of local residents, users and the wider Parish, is something which the Working Group will look at carefully. For the moment, that is not being taken forward and any significant plans would be the subject of full public consultation.

It is hoped that the Working Group will begin its task in early September and that it will comprise local residents, Parish councillors, a representative from the mountain biking community, the Environment Agency, Cornwall Council and those with a particular interest in the bio-diversity of the area.

Please be assured that the Parish Council appreciates the importance and value placed upon Wheal Maid by so many and that we will not do anything to compromise its future. The outcome of this work should be a brighter future including a more financially appropriate one!

# **Gwennap Parish Community Fete**

With good weather again for our Parish event it brought the community together to enjoy a well-supported and successful Fete Day.

The fete was opened by our compare Viv Robertson there was music during the afternoon from Constantine Silver Band, a performance from Cusgarne school children. Viv and Ian Ford also played music and sang.

We had various stalls, raffle, tombola ,games, refreshments and a barbecue and bar provided by Ross and Emma from the Cornish Arms.

A good selection of Classic Cars, Tractors, a Steam Engine, Stock Cars from Autospeed United Downs Raceway, and plenty of free amusements for the children to enjoy.

Lots of people to Thank, a special 'Thank You' to my fellow committee members Mary, Carole, Lorraine, Kingsley, Sandy, Steve, Emma, Tom and Lynn who all worked tirelessly to make this event happen.

Thanks also go to the WI Ladies, the Parish Council, Ross and Emma from the Cornish Arms, the Friends of Cusgarne School, Alan and Megan Blamey, Maggie Ivey, the volunteers who helped with parking, setting up and clearing away. It was all very much appreciated

Thank You for all the kind contributions to the Tombola and Raffle Prizes from:
The Cornish Arms, H&R Windows, Autospeed United Downs Raceway, Cash Generator Redruth, Lynn Begley, Mary Richards and many other Prizes from the community.

And finally Thank You to everyone who came along and supported our event



The Fete Committee will meet late September to start planning next year's event We really need new members and more support to keep this Event going A notice will be on the Facebook page when a date has been arranged Helen Rowe Chairperson (01872870860) or (07718792908)

























# BAKED SALMON LOAF (7-8 slices)

So far this summer there have been few days that have inspired thoughts of outdoor eating and picnics. However, I live in hope and to this end I provide this rather old-fashioned recipe that was a family favourite on picnics when I was a child. It is dead simple to make. Once cooked and cooled it slices beautifully. You can also freeze it.

Preheat oven to 190°C/170°C fan/375°F/ Gas 5

2lb loaf tin with non-stick paper liner

2 x 212g tins or 1 x 420g salmon 5oz/140g breadcrumbs 3 medium eggs 1tbsp lemon juice 60ml/2fl.oz/1/4 cup milk 1/2 onion 1tsp fresh dill or parsley Black pepper Salt



If you prefer you can remove the skin from the salmon. There is no need to remove the bones as they will disappear in the preparation and baking of the loaf.

Use a stick blender to mash up the onion.

Put all the ingredients, except for the salt, into a large bowl and use the stick blender to mix everything together. Alternatively you can use a blender or liquidiser. It will look very runny. Season with salt to taste.

Pour into the lined loaf tin and smooth the top. Place in the middle of the pre-heated oven and bake for 40 minutes. It should have risen a little and be firm to the touch.

Take out and lift the loaf, still in the paper liner, onto a cooling rack. Slice when cold.

I like this with a green salad. Personally I find mayonnaise rather overpowers the delicate flavour but that choice is down to you.

### SUE HUBBLE



# CARHARRACK COMMUNITY MARKET

MILLS HALL TR16 59W

Locally grown fruit and veg produce

# AUG 10TH, SEPT 14TH, OCT 12TH, NOV 9TH, DEC 14TH

Bettina's Textile repairs & Renewals

Peat-Free

compost

Sept 14th

Oct 12th

Wendy's aromatherapeutics hand blended, organic skincare

> Local plants, jams and chutneys

Facebook United Downs Environment Group

Knife Sharpener (not Aug)

Zoltan the

Carley's seed & nut butters



Incredible Bulk zero waste refill

> Homemade cakes including vegan cakes

Naked Sprout toilet rolls Yvonne's plants & Hanging baskets

Peber's Artisan









### United Downs Environment Group Meetings and events Calendar July - December 2024

### **Events**

Sat August 10th Community Market 1-3pm Mills Hall, Carharrack

Wednesday Sept 4th 7pm UDEG Meeting: Star Inn, Vogue, St Day

Sat Sept 14th Community Market & Peat Free Compost Refill station 1-3pm Mills Hall, Carharrack

Sat Oct 12th Community Market & Peat Free Compost Refill station 1-3pm Mills Hall, Carharrack

> Weds Nov 6th 7pm UDEG Meeting: Gwennap Parish Rooms

> > Sat Nov 9th Community Market 1-3pm Mills Hall, Carharrack

Sun Dec 1st "Made in St Day Xmas Fayre" 12-4pm Star Inn, Vogue, St Day

Sat Dec 14th Community Market 1-3pm Mills Hall, Carharrack

Events/dates to be confirmed:

Bodmin Recycling Centre – Group visit, see facebook insulation, Energy and Transport on a budget, Oct/Nov Celebration of Burnwithian Woodland & Community Orchard Childrens' Preloved Christmas Presents Everyone welcome to all meetings and events.

### Want to know more details?

email: uniteddeg@gmail.com Facebook: United Downs Environment Group

or have a chat with us at any of the events

### **Community Market**

Mills Hall, Fore Street Carharrack. 2nd Saturday of the month 1-3pm

> Full Addresses Mills Hall

Fore Street Carharrack TR16 5QW

Star Inn

Vogue, St Day TR16 5NP

Gwennap Parish Rooms

Richard Jory Playing Field Pulla Cross TR4 8SA

Want to help, or have any ideas how to make these events better please do contact us.



UDEG quickly responded to the announcement of a General Election giving our community an opportunity to question our local candidates on this important topic of Environment and Nature Recovery. A huge thank you to everyone who volunteered and participated in this event. Four of our local candidates attended, answering public questions swiftly before the dreaded bell was rung. Donna Birrell, the chair, skilfully kept the evening moving swiftly and fairly. The highlight of the evening was the five Rights, Respect Changemakers from St Day and Carharrack Community School. They spoke to the candidates and the audience about The Unicef Rights of Children and read out their letters sent to Cornwall Council regarding the huge cost to the school for recycling paper and cardboard. They reminded us why we need to listen to them, to do our best to make their future safe and healthy. A huge thanks for their participation, they were bold, brave and totally professional.

An Environment and Nature Recovery Political Hustings.

**Business partnerships** 

Over the years UDEG have been establishing links with our local businesses and recently strengthened links with GEL, geothermal renewal energy. Currently UDEG is looking forward to working with Purple Cornwall Ltd who run the United Downs Stock Car track and Mitchell and Webber in Scorrier with their work on production of HVOs (Hydrotreated Vegetable Oils).

### **Autumn Event**

This is to build on the Insulation, Energy and Transport on a budget event (May 2023). This is being planned at the momentwith the aim to include the new Low Energy Advisor. If you have ideas on what you would like to know more about at this event please let us know asap.

# United Downs Environment Group News

### Volunteers

like all groups we rely upon our community's skills, energy and enthusiasm. Research tells us that volunteering, helping others or helping nature benefits all of us and improves our health and wellbeing. If you don't like meetings but would like to help out with practical things such as our green spaces or helping with events there are plenty of choices. Lifts can be arranged if needed. Delicious homemade cake is usually provided to reward us. If outdoor stuff or being around other people isn't for you but you enjoy using social media or computer work then contact us we can always use your skills. Thank you.

### Climate and Nature Bill

a private members bill supported by trusted people such as Chris Packham, cross-party MPs, organisations and scientists. Read about the campaign and consider signing up to this if you want to see a robust plan for environment and nature...

https://www.zerohour.uk/climate-and-nature-bill/ https://bills.parliament.uk/bills/3707

### **Grants available**

to homes in Cornwall for insulation and heating upgrades – if you are in receipt of benefits or have a household income less than £31,000/year with a cold, damp house you may be able to get significant help to rectify this situation. We know of local people who have been successful and you might also be successful. This can also apply to people who are in rented accommodation. Want to know more? Community Energy Plus have good unbiased information https://cep.org.uk/information-pages/grants-available-for-householders/ they suggest contacting them for more information.

# **CAR BOOT**



**UPDATE** from Michelle Mallaber:

Halfway through the car boot season at Frogpool and we have been lucky enough to have only had to cancel one sale so far.

Lovely quotes on the Facebook page make it worthwhile and prove how valuable this community event is.

"What lovely morning, weather perfect, lots of stall holders and marmalade, the best you will ever eat, from my marmalade lady.beautiful plants and so well run.

The best car boot in Cornwall.well done the people who run it. Looking forward to the next one." Esme

"Lots of sellers and bargains and sunshine!!!"

Debbie

"Great ...Summer has started.♥
Brilliant team this morning ( as always ) a few new faces
...but very well organised as per usual...Thank you all. ├e"
Jackie

"Thank you to you and all your helpers it's definitely the nicest Boot sale to go to plus the bacon rolls and tea are delicious, compliments to the chefs."

Jim

If you have not joined yet, join our page. https://www.facebook.com/FrogpoolCarbootSale

We look forward to seeing you at the remaining sales.
Sunday 4th August
Sunday 18th August
Sunday 1st September
Sunday 15th September

Gates open for everyone at 7am.
Sellers £4 a pitch
Sorry No dogs

### FROGPOOL CEMETERY

Rural cemeteries act as time capsules preserving the history of parish residents while also serving as sanctuaries for wildlife from mice to songbirds. Gwennap Parish Council is dedicated to maintaining our Parish Cemetery. We manage the cemetery to foster biodiversity while maintaining a respectful degree of formality and order. Despite our efforts, there have been recent reports of vandalism and damage to flowers, ornaments, and graves within the cemetery. The Council remains committed to addressing these issues and improving the cemetery for the community.

### One parishioner,

Helen Rowe has been kind enough to take the time to write – As a weekly visitor to Frogpool Cemetery, keeping our daughters grave tidy with fresh flowers, and also passing the cemetery daily, walking my dog, I have noticed and seen the wildlife eating the flowers and causing damage, more so in the last few months from the birds, which you often see in large numbers gathering in the

cemetery at certain times of the day. I have always felt Frogpool cemetery is well maintained and kept beautifully with either fresh flowers, plants or artificial flowers but recently they seem to attract the wildlife resulting in them being eaten or damaged, and with wildlife being a natural part of the environment we can only try to keep it well maintained. Not everyone in the community has a loved one in the cemetery but we as a community could still help to maintain its beauty and respect this precious part of our Parish and community, If we all kept an eye out for scattered or damaged plants, flowers, or ornaments and helped by tidying these things up, when we noticed any damage, we could all support the Pariah Council in their efforts, and keep the cemetery looking beautiful. Helen

Crows, often seen in the cemetery, are attracted to the open spaces and food sources, leading to further damage. The Parish Council is exploring humane ways to deter these animals and requests that any damage be reported.

Ongoing maintenance efforts include regular mowing, pathway repairs, tree care, and waste management. The council also seeks community input on the use of artificial versus real flowers, weighing their respective benefits and drawbacks.

Helen suggests community involvement in tidying up damaged plants and ornaments. The Council would also like to explore a possible formation of a 'Friends of the Cemetery' volunteer group to assist with upkeep and enhancement. Please contact the Parish Clerk for information.

The Parish Cemetery is a cherished part of our community. By choosing appropriate flowers, joining the volunteer group, reporting damage, and following maintenance guidelines, we can all contribute to preserving its beauty and ...

sanctity.

# Cusgarne and Frogpool Women's Institute

Our meeting in April signified the start of a new WI year and what a great way to commence the year with Mr Andrew Mills from Burncoose Nurseries who gave us a very interesting and humorous talk on "How to win Gold at Chelsea". His talk involved a game likened to pass the parcel only played with a plant that went from member to member as questions were asked of Andrew and he responded and the plant passed to the next person with a question, the funnier the better. A few days later a group of us met Andrew at the Richard Jory Playing Field to plant a silver birch tree commemorating our fiftieth WI birthday (a couple of years before but who's counting). The tree looked strong and healthy but unfortunately since then has been vandalised and the main stem broken off. The tree still seems to be surviving thanks to Fal, during which our member Mary was entrusted to drive members who have ensured it has been watered and cared

We held a minute's silence at our May meeting to remember former members Nina Cooper and Rose Hooper. Nina had been President of our WI for a decade before ill health forced her to hand over to Sue seven years ago. Rose had been a member from the very first meeting in 1972 and had been Treasurer and Secretary in previous years. They are both sadly missed but never forgotten.

The weather couldn't have been nicer for our group trip to Heligan in May. We hired a coach and thirteen of us set off for a very pleasant day exploring the Lost Gardens and marvelling <u>cusgarneandfrogpoolwi@gmail.com</u> for further details. at the beautiful plants and surroundings. We were very grateful to Cornish Lithium who granted us some money for our trip.

Di Downs who is the Curator of the textiles and dress collection at Falmouth University brought along a lace collar from 1640 and a Victorian wedding dress to illustrate her talk in June. Her presentation included pictures of many of the dresses and accessories that span hundreds of years held at the university. Di said that she has a lot of clothes gifted to her when families clear wardrobes or attics, other specimens Di picks up from vintage or charity shops. We were permitted to don gloves and touch the wedding dress which was exciting.

I hope that many of you reading this attended the Gwennap Parish fete in June and came along to the café for a cup of tea and slice of home made cake and also purchased from our cake stall. It was certainly a busy afternoon and the cake stall predictably sold out quickly as it always does. All cakes were donated by our members and the cake stall made £135 and the café £400 so a big thank you to all those who baked and all those parishioners who bought from us and stopped for a

A bingo night in aid of WI funds was also a big success in early July. £198 was raised from the tickets and the raffle and a fun night was had by all. This has become an annual event for us with some great prizes for winners of a line or "house".

Nina Cooper.







Trevor Smitheram, a great friend of our WI spoke at our July meeting about Rick Rescorla, known as The Hayle Hero for his bravery in saving 2,700 lives when he was Vice President for Morgan Stanley in the South Tower on 9/11. Further information including a walk connected to Mr Rescorla is available on Trevor's website, cornishtrevor.org. Trevor kindly donated two items of hand made Cornish jewellery as raffle prizes.

Another friend of our group is Liz Newman who is visiting us in August to demonstrate Bollywood dancing. Liz is a very accomplished dancer in many styles and showed us how to wriggle our hips in a belly dancing style last summer. Several members will be attending the annual meeting of the Cornwall Federation of WIs at the Hall for Cornwall in September. The guest speakers will be Matthew Kenworthy Gomes, CEO of Cornwall Pride and Esme Young, fashion designer and judge of the BBC's Great British Sewing Bee. The Cornwall Federation organises many outings and study days for Cornish members including a boat trip on the river the boat! Members have enjoyed walks and exploring Truro with Bert Biscoe and remembered days past with a 70's retro lunch. There is a coach trip to Dartmoor soon, a literary lunch at the Carlyon Bay hotel and a pre-Christmas shopping trip to Clark's Village in Street. There is always something for everyone in the WI.

Our WI meets at the Parish Rooms, Richard Jory Playing Field, Pulla Cross, TR4 8SA on the first Tuesday of the month at 7pm (except January). We welcome new members and you can attend the first three meetings for free, after which we would offer membership. Contact

Our future meetings :-

3rd September - Harvest Auction

1st October - Bill McQuaid speaks about Cornwall and D Day 5th November - Social evening

3rd December - Christmas party with James Dundon from Radio Cornwall with his mechanical organ

4th February - Tamsin Harris speaks about honey bees 4th March - Tantalising tasting evening

# Defibrillators

There are 5 Defibrillators (AED's) in the Parish:



The Cornish Arms, Frogpool.

The Parish Rooms at Richard Jory Playing Field.

Crofthandy Village Hall.

**Gwennap Church Hall** 

Bissoe Bike Centre.

Many thanks to Ray Humble for looking after the AED's



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# Frogpool Methodist Church

Sunday Morning Services 10.45 a.m.
See the Noticeboards for further details as we also join neighbouring Church services.

Coffee Mornings are held at the Church from

10.30 a.m. to 12.00 noon each month on Thursday 25th July. Thursday 29th August.

Thursday 26th September in aid of McMillan Cancer.

Thursday 31st October.

Thursday 28th November

Come and enjoy a cup of great coffee (or tea), a slice of cake and meet other members of your community. Bring & Buy Stall.

Beetle Drive with Cream Tea

Open to everyone and will be held at 2.30 p.m. on Wednesday 11th September. Wednesday 9th October Wednesday 13th November

Women on Wednesday's Craft Group

2.30 p.m. on the 1st and 3rd Wednesday of the month Recommencing from a Summer break on 4th September.

Frogpool's Harvest Festival Service Sunday 29th September at 10.45 a.m. Preacher Mrs. Christine Roberts of St. Agnes.

Monday 30th September Harvest Supper at 6.00 p.m. followed by Sale of perishable goods for Charity.

REMEMBRANCE CONCERT Sunday 10th November at 3.30 p.m. Nankersey Male Choir & Cusgarne School. Monday 11th November

Act of Remembrance in the Courtyard at 10.45 a.m.

Frogpool Methodist Sunday School Hall or Stable Room (including kitchen facilities) are available for hire.

All Enquiries to Mary Richards 01872 863143.

We are sadly losing our Minister the Revd. Elizabeth (Liz) Harris after eight years as she moves on to pastures new in Droitwich Spa from the 1st of September. We wish her and her husband John a fruitful ministry there.

Many of you will have met Liz at Church events, at Cusgarne School or at community events, such as at the Act of Remembrance or Carol Singing at the Cornish Arms. She has been a friend and confidant to many in her own natural way and will be greatly missed.

Unfortunately we have not been appointed a new Minister for the next year but will be able to offer our usual services or help when needed. Please contact Mary locally on 01872 863143 or our Superintendent Minister the Revd. Jonathan Froggatt on 01326 531238 or jonathanfroggatt9@gmail.com.

# St. Wennapa Church Gwennap

Regular monthly Services at 11.00am

1st Sunday Holy Communion
(Book of Common prayer)
2nd Sunday All age Worship

3rd Sunday Holy Communion (Common Worship)
4th Sunday Matins (Service of morning prayer)
5th Sunday Holy Communion (Common Worship)
Every one is very welcome to our Services so do come and join us in celebration.

### Gwennap Ladies Guild

We meet on the fourth Tuesday of each month at 2.30pm in Gwennap Church Hall but no meetings in August or December.

In September Mr Harris will tell us about his experiences as an MP. That should be a most interesting and informative talk.

In October Mr. T. Smitheram will tell us tales of old Cornwall and in November Mr Ian Facey - Macloud

Please contact our secretary Vi on 01872 862151 if you require further details. New members or visitors are always welcome.

will demonstrate how to create a Xmas Star

Gwennap Church Fete was held on July 20th at Burncoose, heavy rain was forecast, but it remained fine and we were happy that so many people came to support us. There was music from The Bagus Crowd, who kept our feet tapping, and the usual stalls and Cream Teas. We raised nearly £1,000. With many thanks to David and Sarah Williams who were our generous hosts.

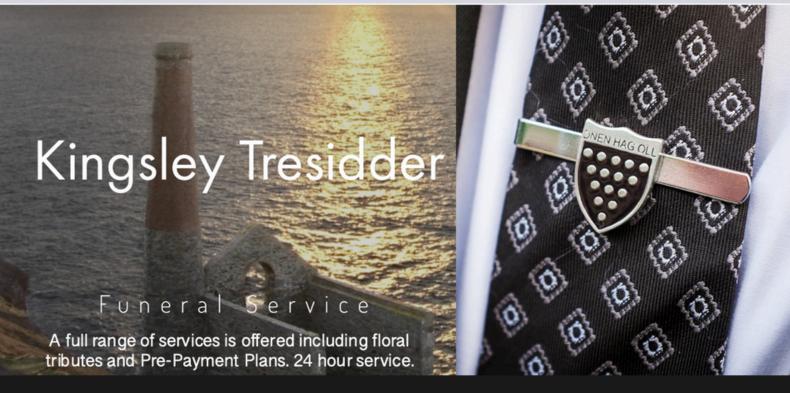
# THE COFFEE STOP

For the past year we have been supporting Hidden Help and gave them a cheque for £900.

We select a different charity each year and are now raising money for the Cornwall Hospices.

We continue to meet every Tuesday morning, 10-11.30 in the Parish Rooms, Pulla Cross and have been delighted to have some men coming, as well as more ladies.

Vanessa 01209820355



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www.kingsleytresidderfuneralservices.co.uk 01872 863607

# HICKS MILL CHAPEL



We offer a warm welcome to everyone to join us for our regular Sunday morning services at 10.30am.

Chapel Anniversary - Sunday 11 August – led by Mark Pellow Followed by Anniversary Lunch

Harvest Festival - Sunday 15th September – led by Kenny Rule Followed by Harvest Lunch.

'Let us go the house of the Lord and worship him'

Further information can be found on our website www.hicksmillchapel.org

# Rose Ethel Hooper

on Saturday, 13th April, 2024

Our Rose's cross stitch work on display locally and around Cornwall



Recently the Parish said goodbye to Rose Hooper. Many of you will have known Rose; she moved into the village of Frogpool many, many years ago and was actively involved with many of the local groups and organizations, including W.I. and the Methodist Church. With her husband Cyril, she raised her three daughters here and helped with her grandchildren, many who also lived in the Parish.

Amongst many hobbies Rose loved to work on and produce beautiful cross stitch pieces of art which she displayed on the walls of her home. Her family passed the privilege of re homing many of these masterpieces with Melanie Mitchell. With the families permission Melanie approached the Methodist Chapel and the Parish Council, and two very sizable pieces of Rose's work have been displayed within the Parish, one in the Frogpool Chapel Sunday School Room, and one in the Parish Hall at the Richard Jory Playing Field.

Melanie has also arranged for four smaller pieces of Rose's work to be displayed in the locations they depict. One has gone to St Mewan Church as this one clearly shows the Church. Another is being displayed in Veryan School as it depicts the Veryan round houses. St Andrew's Church, Mevagissey is now home to another one as it beautifully represents Mevagissey Harbour, and the final one has found a new home at the second hand book shop at Lanhydrock. They were thrilled to have a piece of cross stitch work depicting the great house.

Rose was such a lovely, caring lady, always involved and supportive of her family, and active in local Parish events and groups. Melanie states that she feels humbled to have had the privilege to find new homes for these beautiful pieces of needlework. Please take a look when you are in the Sunday School Room or up at the Parish Hall. And if any of you visit the other four Cornish locations where Rose's work is proudly on display please take time to locate it and admire Rose's handiwork.

# ichard

# MOTs •

- Servicing •
- Diagnostics
  - Clutches •
  - Cambelts
    - Brakes •
  - Exhausts •
- Courtesy Cars •

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# the wellness hut



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### Life Active Over 60's

Monday - 9.45- 10.45am Monday - 11-12pm

### Mindfulness Class

Wednesday - 6.30- 7.45pm The Wellness Hut, Church Road, Stithians, TR3 7DH

### Circuit Fitness Class

Thursday - 6.30 - 7.30pm

### Mindful Core Fitness

Sunday - 9.30- 10.30am

All fitness classes take place at The Stithians Centre, Church Road, Stithians, TR3 7DH



### CLASSES

£7 drop in or £60 for any 10 classes FIRST CLASS FREE

> PERSONAL TRAINING + MINDFULNESS 1-1 SESSIONS 1hr - £33 or £165 for 6 x 1hr sessions

mindfulnessfitness.co.uk

Contact Jon

email: mindfulnessfitness@posteo.net 07889016264

# **CUSGARNE PRIMARY SCHOOL**



### **Dear Parishioners**

They say as you get older that time moves more quickly, but the key is to stop, take a breath and reflect on all the things that have made lasting positive impacts upon our lives. In our celebration assemblies, I talk about my moments of the week – this is a reminder to the children of the importance of reflecting on the magic that occurs all around us, sometimes in the simplest ways, and of the impact we can have on those around us.

We have just said farewell to our eldest children who will move on to secondary school and to adventures new in September. They have been a wonderful group, it has been a privilege to watch their journey, and we wish them every success.

Moments of magic this term included surf day, although the weather was not kind, when a child says to you "This is the best day ever Mr Barnard!", you know you have made a difference! Our Kingfisher class had a fantastic 3 day trip to London at the end of May for an activity packed experience of some of the thrills and excitement that London offers, including a visit to the Houses of Parliament the day after the general election had been announced, the Science Museum and watching Matilda at the Cambridge Theatre!

Our annual Sports day was another great occasion, seeing the confidence of all children to have fun, and compete for their team, made me very proud, especially the bravery of the youngest children who were taking part for the first time.

Starling class played, acted and sang as they put on their class performance of Jack and the Beanstalk, and what a show it was! Children in Robin class created some outstanding lighthouse models as part of their story focus this term, they were outstanding and the children loved showing me how they lit up. We have also had a brilliant music concert celebrating our recorder and keyboard players; been to the Farm & Country Show at the Royal Cornwall Showground, had representatives of the Falmouth Marine Conservation visit school to deliver some really interesting workshops, and have also taken part in some great sport events too.

We have celebrated some great staff achievements this term – in March Mrs Turner and I took part in the Aspire Trust's Connect40 charity cycle ride which saw staff from every Academy walk/run/cycle from one Academy to another, connecting all 40 schools. The support and donations received were very much appreciated. Who knew that the route from Cusgarne to Shortlanesend is predominantly up hill all the way!! More recently our HLTA Mrs Denton and her husband took part in a 200 mile charity bike ride for Children's Hospice South West – we are so proud of her.





This term we launched our weekly stay and play sessions for 0-4 year olds, led by our school's Forest School Lead. Sessions are held outside whenever possible, to explore the outside world. Our sessions are inspired by Arcadia Bew which is a holistic and learner-led approach, which gives each and every child the space, time and support they need to grow, shine and succeed in their own way. We aim to enable and empower children to develop through healthy engagement with risk, problem-solving and self-discovery, within our beautiful outdoor forest school space. The sessions have proved to be very popular, but of course new visitors are always welcome. Sessions will be running again in September, so please contact us at <a href="hello@cusgarne.org">hello@cusgarne.org</a> to register your interest and we will contact you to let you know dates and times once they're confirmed. We'd love to see you!

I feel very honoured to lead our wonderful community school, and am proud of what we provide and deliver. Our staff team are fantastic, and committed to providing the very best they can, and to encouraging the children to make the most of every moment. If you have a primary school aged child, either due to start school in September this year or 2025, or a child that is older, and would like to find out more about our school, I would be delighted to show you around and discuss what we at Cusgarne School can offer. If you would like to make an appointment, get in touch on 01872 863563, or <a href="https://example.com/hello@cusgarne.org">hello@cusgarne.org</a>. Wishing everyone a wonderful summer, let's hope the sun makes an appearance!

## Mr Barnard Head of School









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