

# GWENNAP PARISH NEWSLETTER

AN BLU LANN-WENNAP DERIVADOW

WINTER 2024 ISSUE 63



## Let's Plant

# (MORE THAN) 100 TREES!



*Bring a  
spade!*

Join us to plant a new hedge  
and 30 trees at the  
Richard Jory Playing Field

**SUNDAY 8TH  
DECEMBER  
2-4PM**

Followed by tea & cake

Any Questions? [andreafreeman@gwennap-parish.net](mailto:andreafreeman@gwennap-parish.net)

Inside:

Affordable Housing  
Parish Rooms Project  
Car Boot  
Football

## PARISH COUNCIL MEETINGS

Forthcoming meeting dates are:

Tuesday 10th December  
Tuesday 11th February 2025,  
Tuesday 11th March 2025,  
Tuesday 8th April 2025

and the Annual Parish Council Meeting will be  
held on Wednesday 14th May 2025

# Chair's Blog

Dear Parishioners

Another year comes to an end with that oft heard refrain....'Where did the time go?'

In December 2023, we were exploring the idea of transforming our Parish Rooms into a facility more 'fit for purpose' and since then, a lot of design and survey work has been undertaken which has culminated in the application for planning permission being submitted. If you have any views please contact the Clerk or you can, of course, make comments direct on Cornwall Council's Planning Portal. In one sense, this is the easy bit. If permission is granted, we then have to ensure that we have a robust Business Plan to guarantee its sustainability and we then have to raise the money to fund its build. That will not be easy but sometimes you have to 'dream big.'

A year ago, we were hopeful that building work may have commenced by now on the affordable housing site at Gwennap village but the scheme has not progressed due to funding issues. Every effort is being made by the Cornwall Community Land Trust to ensure that the scheme progresses and we should know a final decision early in the New Year.

By contrast, the Trelyn development in Frogpool is moving forward. It has been the subject of public consultation and a planning application will be submitted shortly. As always, the Parish Council's role is to promote the provision of much-needed housing for local people desperate for accommodation whilst ensuring that the interests of neighbouring residents are safeguarded.

Environmental issues remain a top priority for the Council and the amalgamation of our Parish Group with those of Carharrack and St Day has given real momentum to that initiative. If this is something in which you have a particular interest, I would urge you to join and to help make a difference.

Our 'Unsung Hero' awards are returning this year so please nominate anyone you think worthy of recognition. It is a great opportunity to celebrate people who represent the best of our community. Talking of which, Lynn Begley has had to step down from the Parish Council due to other competing voluntary priorities. I thank her for 3 years of hard work and dedication.

Another 'Unsung Hero' is Lorraine Osborne who sadly passed away recently. Her last words to her best friend were, 'Go and live your life to the full.' This is a sentiment we all need to take to heart at a time of so much domestic and global uncertainty. We can't worry about what we can't control but there is still so much we can do to enrich our own lives and to help others.

I wish you all a happy and peaceful festive period and may 2025 be memorable for all the right reasons!

Richard Williams  
Chair

## Your Parish Council

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Gwennap Parish Council  
Richard Jory Playing Field  
Pulla Cross  
Truro. TR4 8SA  
www.gwennap-parish.net

# Lorraine Osborne

On the 12 October 2024, Gwennap Parish lost one of its most treasured residents. Lorraine Osborne passed away peacefully at home after a brave battle with cancer. Lorraine lived in Frogpool with her beloved husband, Kingsley, and was a familiar figure to many who experienced her ever-present smile and kindness.

Lorraine was the type of person who embodies the word 'community.' Whether simply stopping to have a chat with you by the bus stop, knitting poppies for the Chapel or acting as Treasurer for the Parish Fete Committee, she gave of her time willingly. She was never someone who sought the limelight or recognition but was happy to be in the background, a team player, a person you could rely on.

Lorraine was eager to talk but even more ready and able to listen. In a catalogue of written testimonies, time and again friends and former work colleagues referenced her as someone who you could trust with your life. She was someone who made you feel better about yourself. An encounter with Lorraine made the day that much brighter.

Lorraine was a regular quiz organiser at the Cornish Arms with a particular favourite being Halloween and the chance for her to wear a witch's hat. Everyone at the pub knew Lorraine and she had a kind word for all.

Lorraine's passing will leave a huge gap in everybody's life but, of course, she will be missed most by Kingsley. They were the perfect partnership, always encouraging each other, laughing together and welcoming you into their lovely home for tea and comfort. Maybe none of us are saints but Lorraine came as close as anyone to that accolade and Gwennap will not be the same without her.



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## Unsung Heroes

In 2021, we launched our first 'Unsung Heroes' Awards to recognise the selfless individuals within our community who go the extra mile to support others. Since then, it's been a joy to honor those who make Gwennap a kinder, more connected place. This year, we're excited to continue the tradition and invite nominations for our 2024 Unsung Heroes Awards.

We encourage you to nominate anyone who has quietly contributed to others' well-being whether through a one-time act of kindness or sustained service. Each nominee will receive a certificate celebrating their contribution, however big or small, and we look forward to presenting these in person.

### Nominations Guidelines:

- Who can be nominated? Any resident of Gwennap Parish, of any age.
- Service criteria: Nominees may have served within the Parish or supported others beyond our local area. From lending a hand to neighbours to supporting causes further afield, we want to recognise those who uplift others in their unique ways.
- Deadline: Submit your nominations by email to the Clerk by 31st December 2024.

If willing, nominees may also be featured in future editions of the Parish Newsletter so we can share their inspiring stories with the wider community.

Help us celebrate Gwennap's "unsung heroes" and ensure their kindness does not go unnoticed. These individuals are the heartbeat of our community, and their selflessness deserves recognition.

Thank you for helping us honor those who make a difference!

With appreciation,  
Richard Williams, Chair

# Frogpool Car Boot

As Autumn began, the much loved car boots came to an end. This season was a much more successful one with regards to the weather as we only had to cancel the first one. Although some may have had the threat of a shower, the rest all went ahead.

This season has also seen the number of booters grow, and our biggest number was 51! This in return makes for happier buyers as they have much more choice and many more bargains. We are pleased to say that £2296.54 was raised as profit from the sales which is used to make improvements at the ground.

That being said, this wouldn't happen without our band of happy volunteers, who drag themselves out of bed, often still in the dark, to arrive and arrange the boot sale for the community.

A huge thank you to Nick, whose voice can be heard throughout Frogpool and the surrounding area, and his team, Chloe, Ryan, Bryony and Ben for parking the cars with a sense of humour, banter and most importantly safety. Whilst inside the cafe, Michelle and Jemma serve the customers with a smile, a hot drink and a tasty bacon butty and lets not forget that this year was the first achievement for the cafe of a 5 rating. Thank you to them all for the valuable and amazing job they do.

As they all enjoy a well deserved rest, we would like to wish you all a happy Christmas and a healthy new year.

We look forward to seeing you all again In April 2025

Dates for 2025, April 6th and 20th,  
May 4th and 18th, June 1st and 15th  
July 6th and 20th, Aug 3rd and 17th,  
Sept 7th and 21st



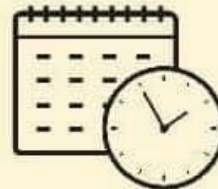
## Hedgehogs don't have hibernation calendars!

Right now we are in early Autumn. Lots of hedgehog youngsters are around and they have plenty of time to get up to a decent weight for hibernation.

Unless there is a very good reason to take them in - out during the day, illness, injury, or an abandoned nest with hoglets, right now the best thing to do is to leave them as nature intended. They do NOT need to be brought in to be 'overwintered' just yet.

Leave food and water out where you can to help them along the way.

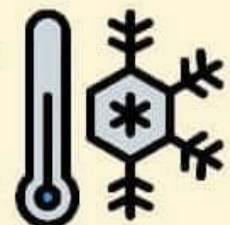
With thanks to Blyth Wildlife for creation of this poster on behalf of a consortium of rescues



There is no guaranteed date that hedgehogs will hibernate, it varies year on year depending on weather conditions and temperature. Usually this is late November/early December but this isn't an exact science!

A hedgehog under 450g will most likely not have the energy reserves to survive hibernation.

**BE ALERT:** When overnight temperatures are forecast to be below 5°C for at least a week ahead, there is frost & the ground is hard. At this point we would be concerned to find any hedgehogs under 600g, and bring them into the rescue for support and assessment



# Cusgarne Primary School



Cusgarne Primary School has been enriching our children's lives this term with a wide range of opportunities linked to our curriculum and beyond. Our youngest children have visited Geevor Tin Mine as part of their term topic about the history of Cornish mining.

The excitement and smiles on the children's faces as we travelled through the underground tunnels was just magical to see. Our Kingfisher class have been learning about diverse communities which has inspired some fantastic discussions about fairness, acceptance, respect and equality. Our Starling class enjoyed a local walk and blackberry picking, before making apple & blackberry crumble as part of their topic of local produce and harvesting.

Our Year 6 children took part in the Bikeability scheme, achieving Level 1 & 2. We take part in this scheme every year as we feel it's so important to build on those fundamental skills & safety awareness when riding a bike; especially when out on our Cornish country roads.

Our annual Harvest assembly & auction was wonderful and entertaining as always, and thanks to the generosity of our families during our auction, we raised an amazing £550 for the two chosen charities (The Lily Foundation & The Brain Tumour Charity), which has been split equally for two of our staff members who are running the London Marathon.

Our Year 5 & 6 footballers have been busy representing our school at the Richard Lander School Cluster tournament at which we were the only small school in attendance, and matches against Trispen & St Erme, Mount Hawke and Mithian Schools in the Small Schools League. Our team play with great determination and sportsmanship, whether they win, lose or draw, and always make us proud. The smiles say it all!

Children had a fantastic time at our recent Glow Disco Party, organised by our brilliant Friends of Cusgarne. We are so grateful for everything they do to create memorable moments for our children, and to raise funds for our school.

On Sunday 10th November we attended the Remembrance Service at Frogpool Methodist Chapel where the children were invited to sing, along with the Nankersey Male Choir. There is something very special about this annual coming together of the community, of the young and the older generations, to reflect on the sacrifices made by our ancestors. The performances were beautiful, and we are grateful to have been invited. Thank you to the Chapel for the wonderful buffet and refreshments afterwards, it was lovely to chat with everyone.

Our Recorder players recently competed at the Camborne Music Festival, and despite some strong competition, we came away with joint 2nd place in the Under 10 Solos, 1st place in the Under 12 Solos, and 1st place in the Under 12 Groups categories! Next to attend are our Piano players, and we wish them the best of luck. Performing in public can be a nerve wracking experience, but one that shows our pupils that they can beat their nerves and make the most of every moment.

We have a number of exciting events to look forward to including a whole school trip to The Plaza cinema to see Disney's Wish, and in December we are heading to The Lane Theatre in Newquay to see Beauty & the Beast in Pantomime. We also have the wonderful community Carol Service at Frogpool Methodist Chapel that is an annual not-to-miss diary fixture for us that we love being part of. We also have our School Christmas Fair and key stage 1 Christmas performance too!

We have shown a lot of lovely families around our school recently, as they consider which primary school to apply to for Reception September 2025 starters – we are very proud of our school, and of the holistic education, nurturing, extra curricular activities and experiences that we provide, including our Forest School provision. If you have a child that will be starting school in September 2025, or are looking for a new school setting for an older child, please call us on 01872 863563 to book an appointment to come for a tour to see what makes our school special. We also have our FREE weekly stay & play outdoor sessions for children aged 0-4, who love exploring the outside world. All sessions are run by our school's Forest School Lead. Email us at [hello@cusgarne.org](mailto:hello@cusgarne.org) to book your free space!

Mr Barnard, Head of School.



# Affordable Housing

## Frogpool update

Coastline Housing is an independent Cornish charitable Housing Association owning and managing over 5,000 homes across Cornwall. We are based in Redruth.

Coastline's aim is to end the housing crisis in Cornwall. 12% of homes in Cornwall are social homes, compared to an average of 19% across England. Private rents and house prices are unaffordable to most, trapping families in poverty.

This site was bought to Coastline for consideration earlier this year. This site benefits from an existing PIP PA22/09674 which means permission in principle has been approved for the delivery of up to 9 affordable homes on a Policy 9 Rural Exception site basis.

The land is to be acquired by Classic, and then Coastline will purchase the site once full planning is achieved, and Classic will build these homes out on behalf of Coastline.

Following attendance at a Parish Council meeting on the 11th September 2024, a public consultation of the plans was held on 20th November 2024 in the Gwennap Parish Hall Room between 2-7pm. 37 people attended the event along with members of the Parish Council.

Representatives from Coastline Housing, Classic Builders and the Architect were available throughout the event to answer any questions.

There are 48 households registered in housing need with Cornwall Homechoice as of 16th October 2024.

The proposal for this scheme is for 9 bungalows to be delivered as 100% affordable. These homes will be a mix of social rent and shared ownership.

Social Rent	Shared Ownership
3 x 1.5b2p bungalows	1 x 2b4p bungalow
2 x 2b4p bungalows	2 x 3b5p bungalows
1 x 3b5p bungalow	

Occupation of all these homes would legally require a local connection to Gwennap Parish. This will include neighbouring parishes but this has not yet been finally decided.

A number of comments were received during the public consultation which we will be working to address. The revised scheme will be presented at a further Parish Council meeting in due course, before the planning submission is made.

Concerns from members of the public who attended the public consultation included;

- A request to move one of the homes further away from an existing boundary
- Concern around the loss of a green field
- Ensuring all of the proposed new homes have sufficient parking provided
- Concern around streetlights being included, and a preference for low level streetlights, or no streetlights being included on this scheme
- Concern around the speed in which cars are travelling along that road, and a request for either a reduced speed limit and / or footpaths to be included
- Concern around a potential footpath link across private land shown on the plans, and the impact this may have on existing parking challenges along Treneglos.

# Affordable Housing

Positive comment received from members of the public who attended the public consultation included;

- Welcome a small scheme in keeping with the village
- Welcome the proposed finished of granite and render
- Welcome affordable homes for local people
- Welcome the ecological measures being proposed ie. hedgehog highways
- Welcome the use of Air source Heat-pumps, PV panels and MVHRs to reduce the running costs of homes and more environmentally friendly
- Welcome retaining existing hedgerows

Next steps:

Our aim is to amend the plan taking into consideration the comments received to date. Coastline will then present updated plans to the Parish Council prior to final submission of the plans.

It is hoped that a start on site, so a spade in the ground, would be secured in around Autumn 2025, with completion of the homes around 12 months later.

If you would like the opportunity to bid on a rented home on this scheme, should planning be secured, please ensure you are registered on Homechoice.

If you would like to be able to apply for a Shared Ownership home on this scheme, should planning be secured, please ensure you are registered on [www.sharetobuy.com](http://www.sharetobuy.com).



# Gwennap Parish Rooms

Gwennap Parish Council and Marraum architects are delighted to report that the planning application for the renovation of Gwennap Parish Rooms at Richard Jory Playing Field, Pulla Cross has been submitted. This marks an exciting milestone for the community and presents a wonderful opportunity to improve and enhance the facilities of this well-loved space.

Marraum have been privileged to work on this proposal, not least because it holds a special place in the hearts of Marraum's owners, Adam and Daisy, who grew up just down the road from the playing fields. They share great memories of spending time there with friends and family, and on school outings.

The existing building, while much loved, is old and fairly tired, and the parish council has been lucky enough to obtain funding to redevelop it, turning the existing facilities into something much more versatile and inclusive.

Deciding how best to redevelop the hall has been a lengthy process, sharing ideas and consulting with the parish councillors, those who use the existing facilities and local people. Following a positive public consultation earlier this year, we gained valuable ideas that have helped shape the project into something that truly meets the community's needs.

Our proposal seeks to upgrade and extend the space, providing a two-storey building that will cater for a variety of different uses. At its core, the new Gwennap Parish Rooms will serve as a hub for the community; from a spacious hall for events and celebrations to a welcoming café with a soft play area to complement the popular outdoor play area. The design also includes meeting rooms, function spaces, and private community workspaces, making sure the building can be adapted for use by a wide range of users and for many purposes.

The needs of the local football club, a key part of the community, has been central to the design. Our proposal significantly enhances the club facilities, such as updating the changing rooms and improving the storage facilities. These upgrades will ensure that the football club has the resources it needs to thrive.

One of the most important issues highlighted during the public consultation was the need for extra parking. Match days, car boot sales, and other popular events have often been hampered by limited parking options. We have proposed additional parking spaces, which will make the site more accessible and functional for a wider range of activities.

The impact of this development on the local environment and its surroundings has been carefully considered throughout the process. Detailed assessments, such as noise impact studies and biodiversity net gain reports have been carried out, and we have worked hard to ensure the design harmonises with the local landscape, both visually and environmentally.

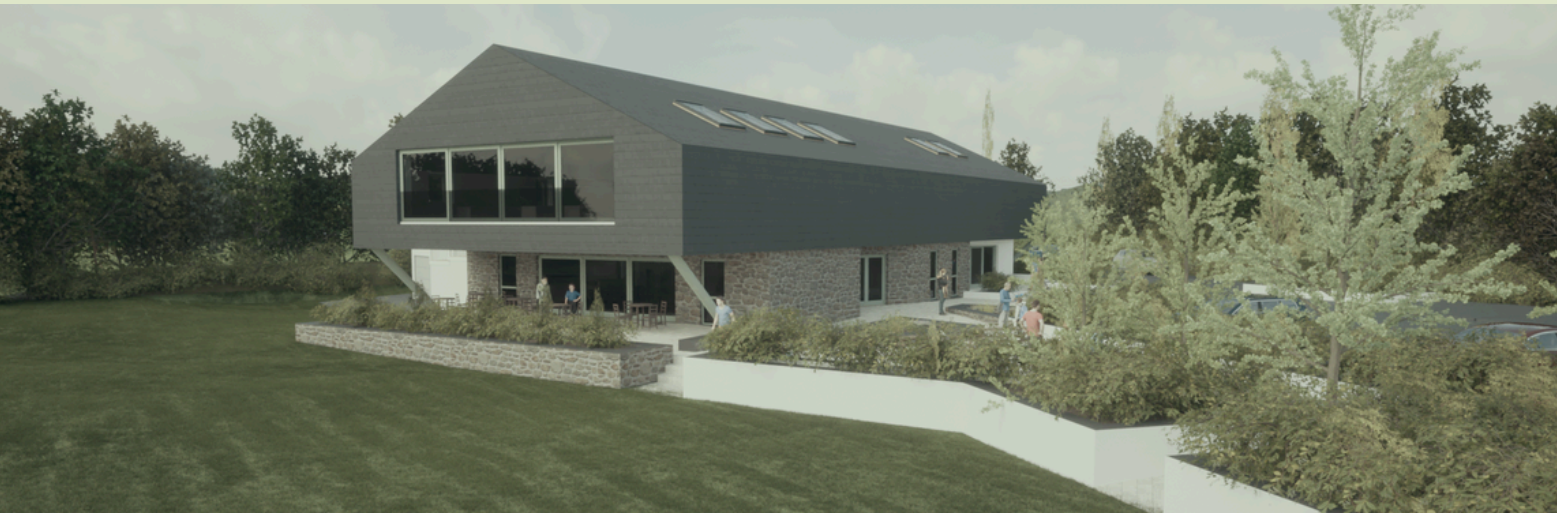
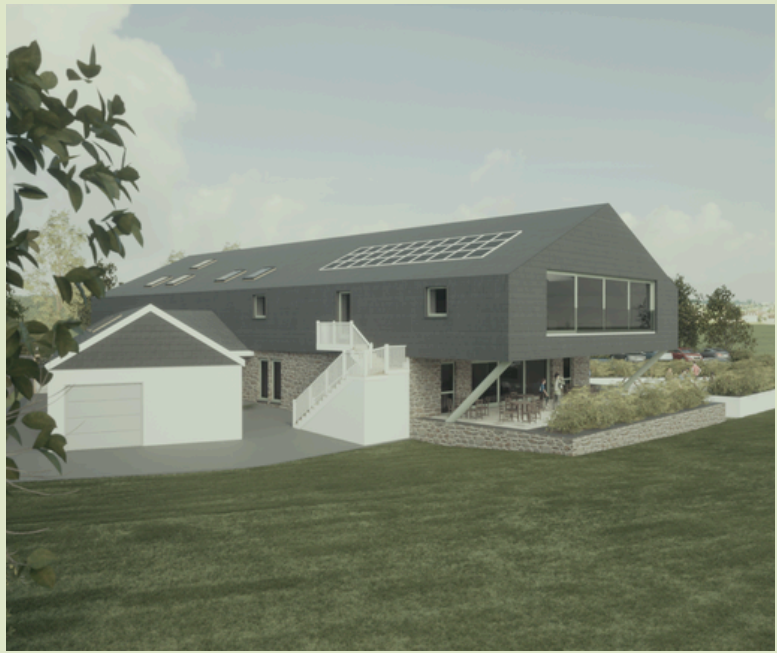
This project is about more than just improving a building; it's about creating a vibrant, inclusive space that brings people together and enriches community life. By addressing the needs and aspirations of local residents, we hope to leave a lasting legacy on everyone. This proposal is a step forward for the parish, one that will enhance the area and provide opportunities for people of all ages.

We hope the local community will support this planning application. Together, we can create a space that will be cherished by current and future generations. We look forward to the next stages of this journey and can't wait to see the positive impact this project will have on the community.

This project has been funded by Cornwall Council's Community Capacity Fund. The Community Capacity Fund is part of the Good Growth Programme, which is delivering the UK Shared Prosperity Fund in Cornwall and Isles of Scilly.



# Gwennap Parish Rooms





# United Downs Environment Group Meetings and events Calendar Dec 2024 - April 2025

## Events

**Sun Dec 1st**

**"Made in St Day Xmas Fayre"**

12-4pm The Marquee, Star Inn, St Day

**Fri Dec 6th**

**Children's Preloved Xmas Presents**

2-3pm St Day & Carharrack School

**Sunday Dec 8th**

**Community Tree Planting**

2-4pm Richard Jory Playing Field TR4 8SA

**Sat Dec 14th**

**Community Market**

1-3pm Mills Hall, Carharrack

**Weds Jan 8th**

7pm UDEG Meeting: Mills Hall, Carharrack

**Sat Feb 8th**

**Community Market and Compost Refill**

1-3pm Mills Hall, Carharrack

**Weds Mar 5th**

7pm UDEG Meeting: Star Inn, St Day

**Sat March 8th**

**Community Market and Compost Refill**

1-3pm Mills Hall, Carharrack

**Sat April 11th**

**Community Market and Compost Refill**

1-3pm Mills Hall, Carharrack

### **Events/dates to be confirmed:**

- Celebration of Burnwithian Woodland & Community Orchard
- Various winter tree planting initiatives around the parishes

Everyone welcome to all meetings and events.

### **Want to know more details?**

**email:** [uniteddeg@gmail.com](mailto:uniteddeg@gmail.com)

**Facebook:** United Downs Environment Group

or have a chat with us at any of the events

### **Community Market**

Mills Hall, Fore Street Carharrack.  
2nd Saturday of the month 1-3pm

### **Full Addresses**

#### **Mills Hall**

Fore Street Carharrack TR16 5QW

#### **Star Inn**

Vogue, St Day TR16 5NP

#### **Gwennap Parish Rooms**

Richard Jory Playing Field

Pulla Cross TR4 8SA

Want to help, or have any ideas how to make these events better please do contact us.



## United Downs Environment Group News

### **Cornwall Low Carbon Energy Advice Network: Community Energy Plus (Cornwall)** is a

charity, not a commercial company. This new team of advisers provides free, expert, independent, advice and support for homeowners, landlords, and communities looking to use energy better. To enjoy energy efficient homes as part of a more sustainable, low carbon future. We are lucky to have Stephen Murphy, one of the Advisors; @Community Monthly Markets, Carharrack (see market adverts, facebook & events calendar). Stephen is able to provide FREE home visits to look at retrofitting your home and offer advice available grants.

Do pop in to the Community Monthly Market and have a chat with Stephen over a cuppa and cake. Or check out: <https://cep.org.uk/futureproof-your-home/>

**Not for you? Maybe someone else you know could benefit so please tell others!**

### **Raise funds for your charity with a cake sale!**

Raise £££££ money for your group/favourite charity/organisation.

We have opportunity for selling cakes/savouries at the Community Monthly Markets, Carharrack. All money raised will go to your chosen group or charity. No charges made for your table. This could be once a year or more often if you wish. Do you know some people who like to bake? Do you know of someone who can sell at the market as a one off? Come join our friendly, lively, warm space and make money for your favourite cause. Contact us for more details.

### **Tree Planting**

We have various tree planting projects planned over the winter months, including hedges and trees for the Richard Jory playing field on 8th December. Please get in touch [andrea.freeman@gwennap-parish.net](mailto:andrea.freeman@gwennap-parish.net) if you would like to get involved.

### **Christmas Shopping made easy.**

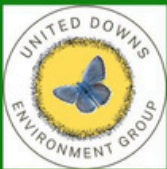
**Friday 6th Dec, 2-3pm @St Day & Carharrack Community School.  
Children's Preloved Christmas Presents**

Here comes Christmas! May it hopefully bring us joy and fun. From an environmental and financial point of view Christmas can be a disaster. New "stuff" e.g. toys, books and presents 'costing the earth' irrespective of what they are. St Day & Carharrack Community School are once again joining with UDEG to offer an alternative. At the pre-loved sale you can donate good books, toys, children's gifts.

Come and have a browse on 6th Dec and find gifts for your child or grandchildren. Bargain prices and all the proceeds go to school. It is a fun, lively and an exciting event with the children helping to run the sale. Hot drinks and cakes available. Raffle Prizes too! Everyone is welcome.

### **United Downs Racetrack**

UDEG are working in partnership with Purple Cornwall Ltd, the company who run the Banger Racetrack. Together we are looking at the Green Lease requirements set by the landlord, Cornwall Council. Jointly, we are making extraordinary steps forward. One of the most exciting projects coming out of this work is the discovery of the rare and endangered flowering plants and ferns by Dr Colin French (PhD in Palaeoecology), May 2022. Colin's report identified 186 species in what looks like bleak, barren scrubland on the old mining site. It is quite the opposite! As a result, we potentially have on our doorstep a centre of natural wonders with a high level of biodiversity, presenting high nature conservation value (French, 2022). UDEG members working with Colin and Crispen, the proprietor, have learnt so much. We humbly recognise by listening, learning and reflecting from these people offers very different results to what we first expected. Thank You Dr French and Crispen Rosevear. Want to know more or wish to join this exciting work please contact us United Downs Environment Group email: [uniteddeg@gmail.com](mailto:uniteddeg@gmail.com) or chat at community market.



## **Peat-Free Compost - A sell out success!**

We have come to the end of another busy year with the peat-free compost refill station. This year, we have joined up these sessions with the Carharrack Monthly Market, which takes place on the second Saturday of every month at the Mills Hall, Carharrack and this has proved to be an great success. What gardener doesn't want to top-up with extra vegetables, delicious bread and cakes, supplies from Incredible Bulk and have all their garden implements expertly sharpened by Zoltan the Knife Sharpener? Our wonderful 'black gold' compost, supplied by The Green Waste Company of St Erth, was on sale from February to June, and again in September and October. Every session was a sell-out - often at a rate that kept our amazing team of bag fillers shovelling at break-neck speed. We are delighted that so many of you are using this excellent compost for your gardens and by returning the heavy-duty blue bags for refilling, are cutting down the number of plastic bags going to waste - one of the key aims of this scheme. For the last few years, we have managed to keep the cost to £4 for a new filled bag, and £2 for a refill. Unfortunately, due to the increased cost of both the compost and the bags, from February 2025, the cost of a new filled bag will be £5. The cost of a refill will, however, be kept at £2 to encourage return and refill. This price still compares very favourably with the cost of peat-free compost from mainstream suppliers and has the added advantage of being locally produced and of a very high quality. **Dates for 2025 are: 8th February, 8th March, 12th April, 10th May, 14th June, 13th September and 11th October.** We hope to see you there!



# L. J. TREGUNNA

## FUNERAL DIRECTORS

Established in 1948

As a third-generation family business, we fully understand the needs of our families who are seeking guidance during this difficult and sad time.

Our services are conducted around Truro, mid Cornwall and further afield.

We strive to provide a caring, dignified, personal and professional service, 24 hours a day, 7 days a week.

**Tel: 01872 273568**

[info@ljtregunnafuneraldirectors.co.uk](mailto:info@ljtregunnafuneraldirectors.co.uk)



Golden  
Charter 



[www.ljtregunnafuneraldirectors.co.uk](http://www.ljtregunnafuneraldirectors.co.uk)  
49 Kenwyn Street, Truro, Cornwall TR1 3DB

# Pond life! A Frogpool and Cusgarne FC story.

Long has it been widely accepted that the Cornish football leagues are subject to more changes than a conservative government cabinet reshuffle, however Frogpool and Cusgarne Football club have always largely bucked that trend. They've been blessed with a pride of long standing players, who have shared a real passion for community when representing our parish on the field of play!

Over the last two seasons the inevitable reshuffles have been none more apparent than down at Richard Jory playing field, with long time servants stepping down or hanging up their boots to make way for a young and hungry manager in the form of Alex Leah.

Alex cut his teeth in football management previously in division two with a Mount Ambrose team, and now with the help of Ben Lavell, a Cornish football league expert and legend, they are looking to cement their own chapter in Frogpool Footballing history.

After carefully curating a new reserve team squad for the 2023/24 season, a team mixed with experience and youthful exuberance, they entered at the foot of division four to support and feed the established first team squad.

After a strong start, a number of injuries in key positions coupled with the horrendous Cornish weather in the early months of 2024 put paid to any momentum for a promotion charge, and they finished a very average 6th in division four.

One season on Alex, Ben and the boys have the full backing of chairman Lee Booker and the committee members to carry the torch for the amphibians. Adding to that the inevitable league reshuffle sees the newly appointed first team step up two divisions to represent the village for the coming season and beyond!

It's not always rainbows and butterflies when it comes to football however, and it has been a very challenging start to the current season for "New Frogpool".

After three defeats in a row the Froggies secured their first point of the season with a home 1-1 draw against Stithians on September 4th, and as you read this article you will now find your team unbeaten for seven games on the bounce, rocketing up the division two table to 6th once more, and on the verge of progressing to the quarter finals of the junior cup if they take the win this Saturday away at Mevagissey!

The future is certainly bright, the future is Red and white, (and sometimes green) for Frogpool FC!

So if you want to get down to Richard Jory Playing Field to cheer on this very talented and exciting group of young chaps this season, head to the website below for all the fixture information and let's get behind our village football team!

Results | Kernow Stone St Piran League  
Lee Golding , Centre Back

## Defibrillators



**There are 5 Defibrillators (AED's)  
in the Parish:**

**The Cornish Arms, Frogpool.**

**The Parish Rooms at Richard Jory Playing Field.**

**Croft handy Village Hall.**

**Gwennap Church Hall**

**Bissoe Bike Centre.**

**Many thanks to Ray Humble for looking after the AED's**



# FROGPOOL METHODIST CHURCH

## CHRISTMAS CELEBRATIONS

SUNDAY 8th DECEMBER AT 3.00 P.M.

### CAROL SERVICE

Led by Revd. Morwenna Lawson-Wills  
With items by Cusgarne School Children.

**Collection for Barnardo's.**

Refreshments to follow.

### CHRISTMAS DAY

Service at 10.30 a.m. led by Mr. James Rimmer.

We warmly welcome you to come and join us on these occasions.

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### Carols & Lights

At The Cornish Arms, Frogpool  
Monday 9<sup>th</sup> December  
6pm Outdoor Carols & Lights  
7pm Carols in the Pub

There will be an opportunity to  
donate to the work of Barnardo's.

# Frogpool Methodist Church

Minister Revd. Morwenna Lawson-Wills  
Tel: 01209 820077.

## Sunday Morning Services 10.45 a.m.

See the Noticeboards for further details as we also join neighbouring Church services.

## Coffee Mornings are held at the Church from

10.30 a.m. to 12.00 noon each month on:

Thursday 19th December in Aid of St. Petrocs.

Thursday 30th January.

Thursday 27th February.

Thursday 27th March.

Thursday 24th April.

Come and enjoy a cup of great coffee (or tea), a slice of cake and meet other members of your community.

Bring & Buy Stall.

## Beetle Drive with Cream Tea

Open to everyone and will be held at 2.30 p.m. on

Wednesday 11th December.

Wednesday 8th January.

Wednesday 12th February.

Wednesday 12th March.

Wednesday 9th April.

## Women on Wednesday's Craft Group

2.30 p.m. £1.00 held on the 1st and 3rd Wednesday of the month. (Apart from 1st week of January)

Frogpool Methodist Sunday School Hall or Stable Room (including kitchen facilities) are available for hire.

All Enquiries to Mary Richards 01872 863143.

## **Gwennap Parish Community Fete**

Planning is underway for next year's event

The fete will be held on Saturday 21st June 2025

At the Richard Jory Playing Field 12 till 4pm

There will be the usual Amusements, Refreshments, Entertainment, Children's Games, Stalls, Tombola Raffle, Steam Engine, Vintage Vehicles and much more

Following the fete from 5pm till 9pm

The Cornish Arms will be providing a Bar, Barbecue and Band

We hope that many will stay and enjoy this.

More updates on the days event in the New year

We are still hopeful that some new people will join our committee to keep this yearly event going also volunteers to help on the day

Helen Rowe, Chairperson

# St. Wennapa Church Gwennap

## Regular monthly Services at 11.00am

1st Sunday Holy Communion

(Book of Common prayer)

2nd Sunday All age Worship

3rd Sunday Holy Communion (Common Worship)

4th Sunday Matins (Service of morning prayer)

5th Sunday Holy Communion (Common Worship)

Sunday 8th December 11.00am

Christingle service particularly for the young.

Sunday 22nd December 11.00.am

Service of Nine Lessons and Carols

Wednesday 25th CHRISTMAS DAY

10.00am Holy Communion

Sunday 29th No Service at Gwennap. 9.30am

St. Paul's

Gwennap Ladies Guild

We meet on the 4th Tuesday of each month in

Gwennap Church Hall at 2.30pm except

December and August .

Our annual meal will be in January and our AGM will be in February when we arrange our program for the year. New members are always very welcome .

Please contact our secretary Vi on 01872 862151 if you require further details. New members or visitors are always welcome.

Friday January 24th. at 6.30

QUIZNIGHT in Gwennap Church hall

Pasties and puddings.

## THE COFFEE STOP

We meet every Tuesday morning 10-11.30 in the Parish Rooms at Pulla Cross, Frogpool. Come and join us to put the world right! Very informal, more men welcome.

for more information.

Vanessa 01209820355

# Kingsley Tresidder

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01872 863607

# HICKS MILL CHAPEL



**We offer a warm welcome to everyone to join us for  
our regular Sunday morning services at 10.30am.**

### CHRISTMAS SERVICES

Sunday 15th December – Carol Service Led by Suzanne Mitchell, Baldhu.  
Followed by Christmas Lunch.

Sunday 22nd December – Christingle Service Led by members of the Chapel.  
Followed by Christmas refreshments

‘O come, let us adore him, Christ the Lord’

Further information can be found on our website [www.hicksmillchapel.org](http://www.hicksmillchapel.org)



# Cusgarne and Frogpool Women's Institute

Well, what have the ladies in the WI been up to lately? Quite a lot. Several members enjoy walking and spending time in nature and so a ramble along the Bissoe Valley in August accompanied by David Chapman from the Cornwall Wildlife Trust was enjoyed as was a walk in the Luxulyan Valley later that month.

It's always good to vary your fitness routine and our August speaker Liz Newman showed us her Bollywood moves and the various outfits she wears. Liz even handed out bindis for us to wear while we watched her.

Our harvest auction raised £116 for our funds. Thank you to everyone who kindly donated and bought goods. Many speakers have increased their fees over the last couple of years and with mileage being charged by some and the cost of renting the hall, we actually make a loss each month. Hence fundraising for our WI is so important. We are very grateful to everyone who supports our group in any way throughout the year and this enables us to keep offering the women of Gwennap fun, friendship, and learning opportunities whatever your interests.

October was special as we held an "open" meeting for anyone who was interested to attend a talk on Cornwall and D Day, presented by local war historian Bill McQuade who lives in Frogpool. Bill is an experienced tour guide of the battle fields and war graves in Europe.

There were also some other interesting events arranged by the Cornwall Federation of WIs (CFWI) in October including a stained glass workshop, a literary tea featuring guest speaker Liz Fenwick and a cookery demonstration with recipe ideas for air fryers which are popular now.

Another October highlight was the Annual CFWI Meeting held at the Hall for Cornwall. This was attended by hundreds of members from all over Cornwall. We were given a presentation by Matthew Kenworthy Gomes who is the CEO of Cornwall Pride who's talk entitled "Inclusion" showed how much he has contributed to the lives of LGBTQ+ people in Cornwall. Following on were the Bryher's Boys who are an excellent Cornish folk and shanty group.

The afternoon speaker was Esme Young, one of the judges from the TV programme "The Great British Sewing Bee". Esme told us that her mother used to have to lock her wardrobe to prevent Esme from cutting up her clothes when she was young. She later started a company called "Swanky Modes" and has met many stars including David Bowie, going on to design and make costumes for film and having many items displayed in the Museum of London and the V and A.

We held a social evening in November playing Human Bingo. This involved a list of categories in boxes such as "someone who has a pet/likes roller coasters/hates coffee". We had to mingle among the members and put a name to each of the criteria and the first one to fill up their boxes in a line or "House" won a prize. Who knew all the famous celebrities that we had met?

As a follow up to Di Downs' visit to us earlier this year several of us have taken her up on her offer to visit the Fashion and Textiles department of Falmouth University in Penryn where she is curator. It will be fascinating to view some more of the historical clothes and accessories in the collection.

A Federation coach trip to Dartmoor earlier this summer was followed by a trip to Clark's Village and four of our group enjoyed this. With the countdown to Christmas now on this was not to be missed.

With the mention of Christmas we are looking forward to our December speaker James Dundon from Radio Cornwall who is attending our Christmas party with his mechanical organ. Our members all have varied interests and support and contribute to other events in the village such as the Coffee Stop and regular coffee mornings and beetle drives at the Methodist Chapel. Several of us join in the Women on Wednesdays craft group run by Mary Richards twice a month and this year have contributed to the Easter bunting and poppy displays outside the Chapel schoolroom. Other members arrange floral displays in Truro Cathedral or attend gardening or book groups and are also members of the Ladies Guild which meets at Gwennap each month. We share the driving to events so no one is out of pocket and value the support and friendship that we share with each other.

Our WI meets at the Parish Rooms, Richard Jory Playing Field, Pulla Cross, TR4 8RW on the first Tuesday of the month at 7pm (except January).

We welcome new members and the first three meetings are free, after which we would offer membership.

2025 - Our future meetings:-

No meeting in January

4th February - Tamsin Harris speaks about honey bees

4th March - Tantalising tasting evening

1st April - Vanessa Stone is going to tell us about her trips around the Cathedrals of England accompanied by slides and photos

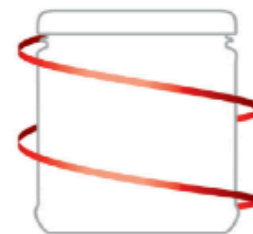
6th May - Annual Meeting

## WI President Sue at our harvest auction



## Esme Young from TV's Sewing Bee at the HfC





## **BOOZY CHRISTMAS PUDDING TRIFLE**

I am an unapologetic lover of trifle. There is something about a large dollop of that soft, sweet traditional dessert splodging into a bowl that is totally irresistible. I especially like it if it has some contrasting crunchiness on top in the form of toasted or caramelised almonds and shards of chocolate and, of course, a large glug of alcohol is essential. In the run-up to Christmas last year I was pondering what to do with a very nice Christmas pudding that we had been given. As I had already made ours I wanted to make something with our gift that was simple to construct and delicious so I came up with the idea of this trifle. We tried it out and I am slightly ashamed to say that between Mr H and myself we managed to demolish the whole thing over the course of the festive period.

I haven't given quantities as I leave it down to you to decide what size of trifle you want depending on the numbers you are catering for.

Large glass or china trifle bowl

Christmas pudding  
Pineapple chunks, drained if tinned  
Brandy  
Custard – homemade or shop-bought  
Double or whipping cream  
Toppings of your choice:  
chocolate shards,  
almonds (toasted or caramelised),  
edible glitter for sparkle



Put the Christmas pudding in a microwaveable bowl and heat it gently until just warm and soft. Break it up with a spoon or fork.

Cut the pineapple chunks up into smaller pieces and add them to the pudding. Mix well.

Add as much brandy as you want to suit your taste.

Place the pudding in the bottom of your trifle dish. Pour the custard over the top.

Whip the cream until it just holds its shape. Double cream is always more tricky than whipping as it quickly changes from smooth to a solid granular texture. It will thicken as you spoon it over the custard.

Add your preferred toppings and voila! A truly Christmassy dessert with very little effort.

**SUE HUBBLE**



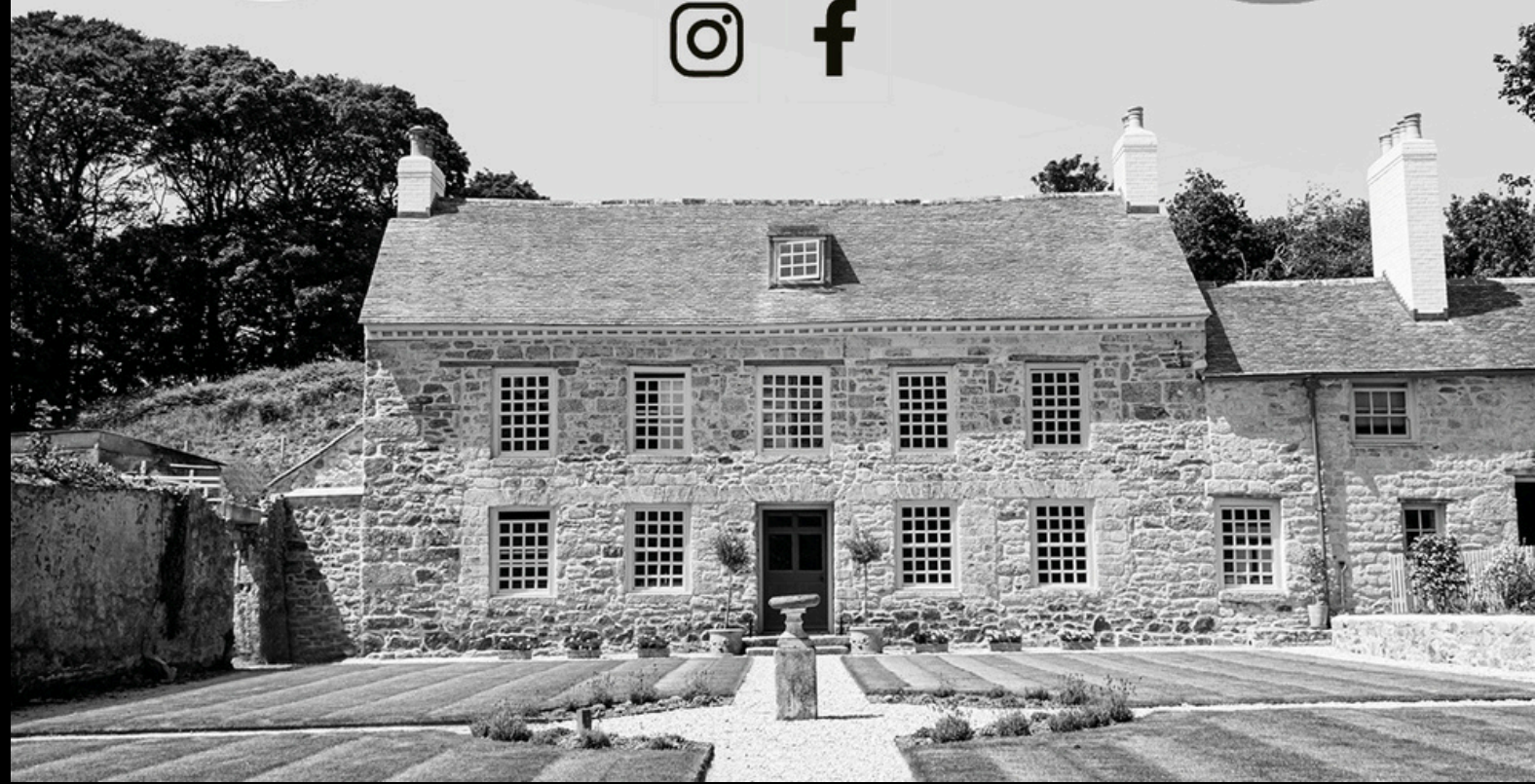
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### MINDFULNESS & FITNESS

#### Life Active Over 60's Fitness

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Monday - 11 - 12pm

#### Mindfulness Class

Monday - 6.30 - 7.45pm

Fortnightly at The Wellness Hut, Church Road, Stithians, TR3 7DH

#### Circuit Fitness Class

Thursday - 6.30 - 7.30pm

#### Mindful Core Fitness

Sunday - 9.30 - 10.30am

All the above Fitness Classes take place at:

**The Stithians Centre, Church Road, Stithians, TR3 7DH**

Jon also runs various classes at The Old School Centre, Illogan.

#### CLASSES

£7 drop in or £60 for any 10 classes

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[mindfulnessfitness.co.uk](http://mindfulnessfitness.co.uk)  
email: [mindfulnessfitness@posteo.net](mailto:mindfulnessfitness@posteo.net)

Contact Jon  
**07889016264**

# HALL HIRE

If you would like to hire  
Hall at Gwennap Parish  
Rooms

please contact the  
Parish Clerk or visit our  
website.

[Gwennap-parish.net](http://Gwennap-parish.net)

